

Parks & Recreation

2025 Summer Guide



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**Gazebo Express
and Trojan Today
town newsletters are
available at
www.highland.in.gov**

Town Council

George Georgeff, 1st Ward (president)
Douglas Turich, 2nd Ward
Alex Robertson, 3rd Ward
Tom Black, President, 4th Ward
Philip Scheeringa, 5th Ward

Clerk Treasurer

Mark Herak

Park & Recreation Board

Nick Russo, President
Omar A. Torres, Vice President
Chris Ray, Secretary
Jay Novak, Member
Pat Krull, School Board
Joe Miyake, Attorney

Study sessions are held the first Thursday of the month, 6:30pm at Lincoln Center. General meetings are held the third Thursday of the month at 7pm at Town Hall, 3333 Ridge Rd. Highland, IN 46322.

Parks & Recreation Staff

Alex Brown, Superintendent
Trevor Kinley, Park Director
TBD, Recreation Director
Alyce Van Drunen, Rec. Supervisor
Laurie Glowacki, Rec. Supervisor
Cole Linkiewicz, Rec. Supervisor

Park Office

Lincoln Community Center
2450 Lincoln Street
Highland, IN 46322
Phone: 219-838-0114
Fax: 219-972-7584

Office Hours

Monday - Friday: 8am-8pm
Saturday: 9am-5pm
Sunday: 11am-5pm

Fitness Center/Building

Monday - Friday: 5am-10pm
Saturday/Sunday: 7am-7pm

Youth Sports Organizations

Girls Softball

Ages 6-18
Dave Rivera
drjrrivera1@gmail.com
highlandgirlssoftball.com



Youth Soccer

Ages 3-14
Dan Goodeve
219-616-9295
highlandsoccer.org



Pop Warner

Ages 5-13
Gip Dills
219-313-0885
highlandpopwarner.com



Girls Travel Basketball

Jennifer Walker
219-333-0008
highlandgirlsbasketballleague@gmail.com



Hurricanes Swim Club

Ages 5-19
Brandon Popovich
president@highlandhurricanes.net
highlandhurricanes.net



Little League

Ages 4-12
Matt Warner
219-805-8065
highlandll.com



Babe Ruth

Ages 13-19
Lisa Stacy
219-381-5331
highlandbaberuth@yahoo.com



Wrestling Club

Ron Ortega
highland.wrestling@yahoo.com



highlandparks.org



facebook.com/highlandparks



HighlandParks

Summer Camp (ages 5-12, completed Kindergarten)

Join our experienced and energetic staff for a camp filled with educational, social, cultural, environmental, and physical activities that will make lasting memories. The lessons, games, crafts, songs, sports and activities will correspond to themes which change on a week-by-week basis. Campers will also take walking trips to various locations, including Main Square Park & The Counter Ice Cream shop and the Wicker Park Splash Pad. There will also be three field trips - destinations are TBD. 2024 field trips included Fair Oaks Farms, Museum of Science & Industry, and Scene 75. Registration is limited.

Days: Monday-Friday
Dates: June 2-August 8 (off 7/3 & 7/4)
Hours: 8:30am-5pm (pre-camp at 7am)
Fees: **Weekly:** \$130 R/\$150 NR
Daily: \$30 R / \$35 NR
Pre-Camp Daily: \$7 R/\$8 NR
Late Pick-up: \$10/child every 15 minutes past 5pm
Parent meeting: May 22, 6:30pm

Bricks 4 Kidz (age 6-12) S.T.E.M. Enrichment

This is not just a playtime session; it's an investment in your child's mind! Our model is designed to help your child put their STEM (science, technology, engineering and mathematics) education into practice with hands-on exposure – all while having fun! We learn, we build, we play with LEGO® Bricks!

Day: Thursdays from 10-11am
Dates: June 5-26, July 10-July 31
Fee: \$60 R/\$65 NR
Code: 348007 Min. 5/Max. 16
Register by: 3 days prior to session



Home Alone Safety Class - NEW! (ages 10-12)

This engaging and interactive class is designed to help children gain the confidence and skills needed to stay home alone safely. Through fun activities, discussions, and real-life scenarios, students will learn: Basic rules, handling emergencies, safe use of appliances and electronics, visitors and phone calls, creating a daily routine for safety and responsibility, when and how to seek help from a trusted adult. At completion, participants will feel more prepared to stay home alone responsibly while giving parents peace of mind. Instructor: Tresa R. Please bring snack and water bottle.

Date: May 31 from 9-11am
Fees: \$26 R/\$28 NR **Code:** 348045
Register by: One week prior to class

Babysitting (ages 11-14) Certification Class

Have a young person wanting to earn some extra cash over the summer? We are offering a BLAST class (Babysitter Lessons and Safety Training). Class features training in pediatric first aid, household safety, and fundamentals of childcare. Fee includes course manual and program materials. Instructor: Tresa R. Please bring a snack & water.

Days: July 5 or August 2, 9am-1pm
Fees: \$40 R/ \$44 NR **Code:** 348038
Register by: one week prior to class



Lincoln's Little Learners Preschool

Classes are structured to teach proper school behavior. Children are to bring a healthy snack & drink to each class, along with a backpack to carry home class projects. Students must be fully potty trained and able to leave parent for the full 2 hours. They will work on sharing, learning ABCs, shapes, numbers & colors, cutting with scissors, making crafts, working on listening skills & attention span while listening to stories. Register a week prior to the start date or before class fills.

Morning, Age 3/4 (Must be 3 by 8/1/25)
Days: Tues./Thurs., 8:45 – 10:45am
Dates: Aug. 19-Dec 11 (off 11/4, 11/27)
Fee: \$360 R/\$375 NR
Code: 348004 Min. 7/Max. 15

Afternoon, Age 3/4 (Must be 3 by 8/1/25)
Days: Tues./Thurs., 12 - 2pm
Dates: Aug. 19-Dec 11 (off 11/4, 11/27)
Fee: \$360 R/\$375 NR
Code: 348003 Min. 7/Max. 15

Morning, Age 4/5
Days: Mon./Wed./Fri., 8:45-10:45am
Dates: Aug. 18-Dec. 12 (off 9/1, 10/17, 10/20, 11/26, 11/28)
Fee: \$415 R/\$445 NR
Code: 348001 Min. 9/Max. 18

Afternoon, Age 4/5
Days: Mon./Wed./Fri., 12 - 2pm
Dates: Aug. 18-Dec. 12 (off 9/1, 10/17, 10/20, 11/26, 11/28)
Fee: \$415 R/\$445 NR
Code: 348002 Min. 9/Max. 18

Preschool payment plan available!
Payments are taken out on the 5th of Sept./Oct./Nov. Voided check required.
Age 3/4: \$75 down and \$95 x 3 mo. R / \$100 x 3 mo. NR
Age 4/5: \$100 down and \$105 x 3 mo. R / \$115 x 3 mo. NR

Highland Dance Academy

Mon.: Aug. 11-Nov. 24 (off 9/1 & 10/20)

Ballet/Jazz 2 Int. (age 6-7) 3:45-4:35pm
Focuses on basic techniques and steps.

Tuesdays: August 19-November 18

Junior Hip-Hop (age 7-8) 4-4:45pm

Senior Hip-Hop (age 9 & up) 5-5:45pm

Fun and high energy. Learn street / commercial moves to great music.

Wednesdays: Aug. 13-Nov. 19 (off 10/15)

Lyrical Junior (ages 8-9) 3:45-4:45pm

Focuses on rhythm, strength, technique, placement, and free flowing movement.

Thursdays: Aug. 14-Nov. 20 (off 10/16)

Tap & Musical Theatre (age 8+) 3:45-4:45pm. Focus more on stage movement and will offer opportunities for miming, acting, & performances (singing not required).

Fridays: August 15-Nov. 21 (off 10/17)

Ballet/Jazz 4 (ages 10+*) 4:15-5:15pm

Introduces barre, classical technique & preparation for turns and leaps.

**must have 2 years of recent ballet experience*

Lyrical Senior (age 10+) 5:15-6:15pm

Focuses on rhythm, strength, technique, placement, and free flow movement.

Saturdays: August 16-Nov. 22 (off 10/18)

Pre-Ballet/Jazz (ages 4-5) 9:15-9:55am

Ballet/Jazz 1 (ages 5-6*) 10-10:45am

**5 year olds must have taken Ballet already*

Ballet/Jazz 2 (ages 6-7) 10:50-11:35am

Ballet/Jazz 3 (age 8-9) 11:40am-12:40pm

Ballet classes focus on the basics including: proper placement and posture, body positions, and basic steps.



Fee: 45 min classes: \$140/\$155
50 min classes: \$145/\$150
1 hour classes: \$150/\$165

Costume & T-shirt Fee: \$70

Showcase: December 5, 6pm

Each class performs 2 dances in showcase

Code: 240004-13

Min. 4/Max 15 per class unless noted

Attire:

- Ballet: Black leotard, pink ballet tights & ballet shoes.
 - Jazz: Dance clothes & tan jazz shoes
 - Lyrical: Dance clothes & lyrical shoes
 - Hip-Hop: Dance clothes, blk sneakers
- Hair tied off face & bring water bottle. Must be potty trained.

Oz Pom Camps (new!)

Learning made easy and exciting with kid-friendly music, creative games, and activities that focus on coordination, confidence, and teamwork. No experience needed! Please wear comfortable clothing, gym shoes, and hair pulled back. Please bring water bottle. If you have jazz or pirouette shoes you may wear them. Instructor: Dorothy

Dates: Monday-Thursday, July 28-31

Code: 348039

Register by: One week prior to class

Oz Senior Pom Camp (grades 3rd & up)

Designed for all skill levels, we'll focus on pom routines, cheer-inspired movements, and team spirit. Participants learn dynamic choreography, jumps, turns, and performance techniques.

Time: 1-2pm

Fees: \$42 R/\$46 NR

Oz Junior Pom Camp (grades K-2)

Learn fundamental pom techniques and choreographed routines to upbeat music.

Time: 2-3pm

Fees: \$42 R/\$46 NR

Oz for Minis Pom Camp (ages 4-5)

Perfect for little ones who love to dance, jump, and cheer, we'll introduce basic moves in an encouraging environment.

Time: 3-3:45pm

Fees: \$38 R/\$40 NR

Adult Tap (ages 17 & up)

Ready to make some noise? Discover the joy of rhythm and movement! This energetic class is perfect for all experience levels.. Stay active, improve coordination, and boost your mood.

Day: Wednesdays, 7:15-8:15pm

Sessions: May 21-June 25

Fee: \$53/\$58

Register by: 3 days prior to start

Code: 313003 Min. 4/Max. 15

Dance without Limits (Special needs ages 5-8)

Tailored to each dancer's unique abilities, this inclusive class combines basic dance, rhythm games, and creative movement to foster self-expression, improve motor skills, and build confidence.

Day: Saturdays, 1-1:45pm

Session: June 7-August 2 (off 7/5)

Fee: \$53 R/\$58 NR

Register by: 3 days prior to start

Code: 240015 Min. 4/Max. 8

USA Pom Camp & Parade (new! - ages 6 & up)

Get ready to show your red, white, and blue spirit! Learn fun pom routines, sharp motions, and exciting choreography set to patriotic music. Build teamwork, confidence, and performance skills, culminating in a parade performance. All skills welcome! Fee includes t-shirt, poms, craft, hair bow, and group photo.

Day: Monday-Wednesday, 2-3pm

Dates: June 30-July 2 (Parade is 7/3)

Instructor: Dorothy L.

Fees: \$60 R/\$63 NR **Code:** 348039

Register by: One week prior to class

Young Rembrandts

Drawing (age 6-12)

Your child will learn about design, composition, and illustration using our unique step-by-step method. Besides strengthening your child's drawing and coloring skills, he or she will also learn about art history as we present lessons featuring art methods and master artists. You'll see increased art abilities, learning skills, self-confidence and self-esteem.

Days: Fridays, 10-11am

Dates: June 6-27

July 11-August 1

Fee: \$52 R/\$57 NR

Code: 348035 Min. 5/Max. 16

Register by: 3 days prior to session



Cartoon Drawing (age 6-12)

Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This delightful program combines our innovative, step-by-step method with light-hearted subject matter that engages children, their sense of humor, and vivid imaginations.

Days: Fridays, 11:15am-12:15pm

Dates: June 6-27

July 11-August 1

Fee: \$52 R/\$57 NR

Code: 348035 Min. 5/Max. 16

Register by: 3 days prior to session

Mini Newspaper

Camp - NEW! (grades 3-6)

Students will learn how to interview, write, and create a mini newspaper. Included notebook, pen and group photo.

Days/Time: Tues. & Wed., 1-2pm

Dates: July 1, 2, 8, 9

Instructor: Dorothy L.

Fees: \$20 R/\$22 NR

Code: 348044

Register by: One week prior to class



Canvas Paint Workshops

Our trained Instructor, Chris Hnatusko, will lead you step by step through painting your own 16x20 canvas. A fun, no stress class and no experience is required! Register two days in advance.

Junior (ages 5-12)

Day: Thursdays, 5-6:30pm

Dates: June 5 - Stitch

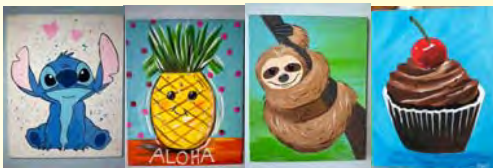
July 10 - Summer Pineapple

August 7 - Happy Sloth

September 11 - Cupcake

Fee: \$22 R/\$26 NR

Code: 348025



Canvas (ages 13+)

Day: Thursdays, 6:30-8:30pm

Dates: June 12 - Cubs & Ivy

July 17 - Summer Lighthouse

August 14 - Heron at Sunset

Sept. 18 - Autumn Forest

Fee: \$27 R/\$32 NR

Code: 349003



Ceramic Creations

Workshop (ages 18 & up)

Unleash your creativity! A hands-on class perfect for beginners and experienced artists alike. Learn basic techniques in shaping, molding, and decorating your own unique ceramic piece with step-by-step Instruction from experienced artists.

Day: Tuesdays, 3-4pm

Sessions: June 3-July 8, July 22-Aug. 26

Fee: \$130/\$140

Materials: \$20 paid to instructor on first day

Min. 10/Max. 16

Register by: 5 days prior **Code:** 349005

Tumble Tykes (ages 3-5)

The perfect introduction to gymnastics. A safe and fun environment for developing motor skills, balance, coordination, and confidence. Instructor: Maisie B.

Day: Fridays, 4:15-5pm or 5:15-6pm

Sessions: June 6-27

July 11-August 1 (off 7/4)

August 8-29

Fee: \$30 R/\$33 NR

Code: 230001 Min. 4/Max. 8

Tumbling 1 (ages 5-9)

Beginners learn forward rolls, cartwheels, bridges and jumps. Build strength and flexibility. Instructor: Maisie B.

Day: Saturdays, 10:25-11:25am

Sessions: June 7-27

July 12-August 2 (off 7/5)

August 9-30

Fee: \$35 R/\$37 NR

Code: 230002 Min. 5/Max. 15

Gymnastics 1 (ages 5-9)

Learn basic skills on floor, bars, and beam. Build strength and increase flexibility to help improve skills. Instructor: Maisie B.

Day: Saturdays, 9:15-10:15am

Sessions: June 7-27

July 12-August 2 (off 7/5)

August 9-30

Fee: \$35 R/\$37 NR

Code: 230003 Min. 5/Max. 15

Gymnastics 2 (ages 5+)

Advanced continuation of Level 1. Instructor approval required (Maisie B.)

Day: Saturdays, 11:35am-12:35pm

Sessions: June 7-27

July 12-August 2 (off 7/5)

August 9-30

Fee: \$35 R/\$37 NR

Code: 230003 Min. 5/Max. 10

Foreign Language Classes **via Zoom**

Have you wanted to learn a foreign language but never had an opportunity? Now is the time! Classes taught live by a Language in Action, Inc. instructor! Zoom login emailed to students prior to first class. New material covered in each session.



Learn to Speak Spanish

Expand your child's world! In this interactive class, children are immersed in the Spanish language through fun and engaging activities. Learn grammar and communication skills to form a strong foundation for high school Spanish.

Ages: 7-11

Day: Thursdays, 6:15-7pm

Sessions: May 22-June 26, July 3-August 7
August 14-September 18

Ages: 11-13

Day: Tuesdays, 5:30-6:15pm

Sessions: May 20-June 24, July 1-August 5,
August 12-September 16

Fee: \$102 R/\$107 NR (6 weeks)

Code: 348006

Learn to Sign ASL - American Sign Language

Interested in learning the basics of ASL or communicating with your young child through signing? Join us from the comfort of your living room as you learn to sign in a fun, interactive and lively environment.

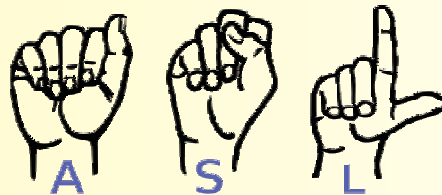
Ages: 7-12

Day: Wednesdays, 6-6:45pm

Sessions: May 21-June 25, July 2-Aug. 6,
August 13-September 17

Fee: \$102 R/\$107 NR (6 weeks)

Code: 348006



Piano Lessons

Learn how to play an electronic piano keyboard quickly and at a low cost! Read music, play songs, learn hand positioning and basic chording. Instructor: Tom S.

Ages: 8 & up

Day: Tuesdays for 8 weeks

Time: 5:30-6:30pm (beginners)
6:30-7:30pm (int./advanced)

Sessions: June 3-July 22, Aug. 5-Sept. 23

Fee: \$90 R/\$95 NR

Code: 349008 Min. 3/Max. 10

Materials fee: \$12 for music book and \$3 per week to rent a keyboard if you do not have one (max. 8), paid directly to instructor. Register one week in advance.



NERF War

Players will compete in teams for a capture the flag type tournament. Please bring (1) Nerf gun and Nerf N Strike foam darts. We will provide required protective eye wear. Foam darts only!

Ages: 8-12

Date: Friday, July 18

Location: Lincoln Center Banquet Hall

Fee: \$25 R/\$27 NR

Register by: day of or max is reached

Code: 550114 Max. 12



Family Music Time

Toddlers and Preschoolers will love singing, dancing, playing simple percussion instruments and connecting with the world around them through music! This class is designed to be taken with a parent or guardian. Activities include simple songs and rhymes, instrument playing, lap bounces, fingerplays, movement exploration, scarves, parachute and bubbles! Class promotes parent child bonding, socialization with other children, language development, listening and following directions and most importantly, FUN! Instructor: Caitlin G., a certified music teacher and mom.

Ages: 9 months-5 years w/care giver

Day: Wednesdays, 9:30-10:15am

Sessions: June 11-25

July 9-23

August 20-September 3

Fee: \$100 R/\$105 NR (6 weeks)

Materials: \$15 (optional, paid to instructor)

Code: 348011 Min.4/Max.15

Skateboarding - Ride, learn, shred!

Whether you're a beginner or looking to refine your skills, our expert-led classes are designed to help you gain confidence, balance, and control on your board. Anyone with a skateboard is welcome! Instructor: Jeff from Driftwood Collective. Learn basic riding techniques & balance, turns, stops, and foot placement, agility, ollies and park barriers. Classes meet at Sheppard Skate Park.

Days: Tuesdays & Thursdays

Times: Ages 4-7 from 4:30-5:30pm

Ages 7 & up from 5:30-6:30pm

Sessions: May 13-29, June 10-26,

July 8- 24, Sept. 9-11

Fee: \$70R/\$80NR

Code: 348017 Min. 5/Max. 30

Soccer Shots

Engaging with a focus on character development. Our caring team impacts lives on and off the field through best-in class coaching, curriculum, and communication. Held at the field outside Lincoln Community Center.

Wednesdays: June 18-July 30

Mini (ages 2-early 3): 4:15-4:45pm

Classic (ages 3-5): 5-5:30pm

Premier (ages 5-8): 5:45-6:30pm

Saturdays: June 21-August 2

Premier (ages 5-8): 9-9:45am

Mini (ages 2-early 3): 10-10:30am

Classic (ages 3-5): 10:45-11:15am

Fee: \$119/person (7 week session)

\$20 annual enrollment fee

includes Soccer Shots jersey

Min. 4/Max. 12 per class

Enroll only at:

soccershots.org/northwestindiana

Chicago Bulls Academy

Join the Bulls for this 5-day program designed to improve basketball skills while providing an unforgettable experience. Program is intended for any skill, split into groups by age and ability. Students work on fundamentals, leadership, and teamwork development. Registration includes a swag bag and an opportunity to participate in the Bulls Skills Challenge.

Dates: Monday - Fri., July 14-18

Times: Ages 5-8 from 9am-12pm

Ages 9-14 from 1-4pm

Fee: \$200/player

Register by: July 11 (camp usually fills)

<https://youthhoops.leagueapps.com/camps>



Martial Arts Booster Camp (ages 9-13)

Kickstart or reignite your martial arts journey this summer! Our 4 week Martial Arts Booster Camp runs Monday through Friday and is designed to help you progress your belt rank and build skills for fall success. Each day includes scheduled breaks for snacks, drinks, and fun games to keep things lively! Choose the session that works best for you, or sign up for both for double the training!

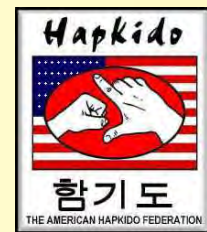
Day: Monday-Friday, 1-3:30pm

Sessions: June 2nd-June 27th

July 7th - Aug 1st

Fee: \$125 R / \$130 NR

Code: 348029 Min. 6



Track & Field (ages 5-14)

Designed to introduce you and your child to the many disciplines of track and field. Boys and girls compete separately in four events within their age group and will develop a better understanding of sprints, distance, relays, and field events. Includes T-shirt and a registration code for the Mile Run on July 3 (see back cover). Volunteers needed and welcome!

Day: Wed./Thurs., 6-7:30pm

Dates: June 11, 12, 18, 25, July 9, 23, 30, & 31

Location: Highland High School Track

Fee: \$55 R/\$65 NR

Code: 348033

Register by: June 4



Epic United Volleyball Camp (grades 3-8)

It is our goal to help spread the love of volleyball throughout the community. All of our programs are designed to shrink the game, using lighter balls and lower nets. This allows boys and girls to learn proper technique without getting frustrated. Youngsters develop skills that will enhance their ability to play all sports.

Days: Monday-Thursday

Times: 3rd-4th Grade - 9-10:30am

5th-6th Grade - 9:30-11am

7th-8th Grade - 10:30am-12pm

Sessions: June 16-19 and July 21-24

Fee: \$90 per session

Register only at

www.epicvolleyball.org/summercamps



Co-Rec Kickball Tournament - NEW! (ages 18+)

Whether you're a seasoned athlete or just playing for fun, this event is perfect for teams looking to enjoy some friendly competition and community spirit. Gather your friends, coworkers, or family and form a team! Double elimination or round-robin format (depending on team count). Winners take home bragging rights and awesome awards! Roster up to 14 with even numbers of males and females.

Date: Friday, June 25, 6-10pm

Location: Sharp Athletic Complex

Fee: \$150/team Min. 6/Max. 12

Code: 550120

Programs meet at Lincoln Community Center unless otherwise noted.

Register at Lincoln Center office or highlandparks.org (past customers) unless otherwise noted.

Sports - 7

Self Defense

Students practice blocks, kicks, punches, falls, and rolls.

Days: Mondays & Wednesdays plus open mat time on Thurs., 4-9pm

Dates: Sessions run monthly (off Memorial Day & 7/3)

Registration required at park office

PRIOR to participation

Location: Lincoln Center, Room 108/109

Instructor: American Warrior Arts, Lucas D.

Ninja Cubs

(ages 3-5)

Time: 4-4:45pm

Code: 348026

Max. 20

Your little one will learn basic martial arts skills in addition to control, balance, self discipline, focus, and teamwork.

Fee*: \$50 R/\$55 NR (per month) or \$120 R/\$129 NR (3 months) or \$45 R/\$50 NR per month on ACH

Youth Hapkido

(ages 9-13)

Time: 6-7pm

Code: 348010

Max. 36

Prepare for armed or unarmed attacks. Learn tactics for real life self-defense situations and improve balance, control, hand-eye coordination, and confidence.

Fee*: \$70 R/\$75 NR (per month) or \$180 R/\$189 NR (3 months) or \$65 R/\$70 NR per month on ACH

***2nd+ Family Member:** 10% discount

Family Package: 3 members, 3 months

Fee: \$360. Additional member \$60 extra
No cancellation of ACH prior to 1 year

Beginner Self Defense (ages 14+)

Build strength, agility, and self-confidence...while having a blast!

Days: Fridays, 5:30-6:15pm

Fee: \$35 R/\$39 NR per month

Code: 300046 Max. 36

Sparring (ages 14+)

Controlled techniques with light contact in a safe environment. Preparation for real life situations. Students required to purchase and wear approved safety gear.

Days: Tuesdays, 5:30-7:30pm

Fee: \$35 R/\$38 NR (per month)

Code: 300045 Max. 36

Personal/Partner Self Defense Training

Available M/W 8-9pm, Tues./Fri. 4-9pm

Fee: \$30/1 session, \$85/3 pack, \$150/6 pack

Partner: \$20/person, \$55/3 pack, \$90/6 pack

Code: 300026

Pay in office and schedule individualized training with instructor Lucas.

Instructor Training

Must be a current student of AWA with a rank of green belt or higher and instructor approval (ages 10+).

Time: Twice per month during scheduled time with instructor

Fee: \$25 per month (Graduates of this program will then pay \$30 for their regular monthly class).

Code: 300026

Parents Night Out

Better than a babysitter! (ages 6-14)

Enjoy a night "off" while our trained martial arts instructors wear out the kids! Participants make new friends, and burn lots of energy. Pizza & drink included.

Day: Friday, August 22, 5-9pm

Fee: \$45 R/\$48 NR (siblings half off)

Code: 348020 Max. 36

Self Defense Seminars

Hands-on self-defense techniques, strategies, and tips for staying safe. Learn to escape attacks and build confidence.

Day: Saturdays, August 23, 10am-1pm

Theme: Back to School Safety

Fee: \$35 R/\$39 NR **Code:** 349002

Learn Pickleball

Learn the basics: the rules, scoring, serving, volleys, faults, swing, games, and much more. Instructor: Jan K.

Day: Tuesdays, 5-6:30pm

Dates: May 20-June 3

Fees: \$23 R/\$25 NR Min. 8/Max. 20

Code: 162001

"No Sweat" Indoor Open Pickleball (15+)

Day: Monday-Friday, 10am-3pm

Tuesdays, 6:30-9:30pm

Fridays, 5:30-8:30pm

Saturdays & Sundays, 3-6pm

Fee: \$7 drop-in

\$55 for 10-visit punch card

\$81 for 18-visit punch card

Be sure to check the weekly fieldhouse schedule or our Team Reach App, code 10017 prior to coming. Pop-up dates and times will be added to the App.

Women's Pickleball League - NEW! (ages 50+)

A fun and competitive league for ladies who enjoy staying active, socializing, and improving skills in a structured format.

Day: Thursdays, 9-10:30am

Dates: June 8-July 19 (off 7/5)

Fee: \$30 R/\$32 NR **Code:** 162004

Register by: 3 days prior

Pickleball Net Rentals

Lincoln Center pickleball nets may be rented for private play, pending schedule (8 days notice may be required).

Fee: \$21/hour per net

Open Table Tennis

Participants are welcome to drop in and play other competitors.

Ages: All (under 11 must be w/ adult)

Day: Mon./Wed., 5-9pm

Fee: \$7 per visit

\$55 for 10-visit punch card

Co-Rec Indoor Volleyball

Teams will play in a 10-week season. Format depends on number of teams (5 or 6 games/week). Rally scoring is used. Players must be 18+ and not participating in high school sports.

Dates: Rec.-Level - Wednesdays, June 4-August 13 (off 7/2)

Fee: \$330 per team **Register by:** June 3 (max 12 teams)

Open Volleyball (ages 15 & up)

Court space reserved for unstructured open volleyball play.

Day: Mondays, 6-9pm

Fee: \$7 per visit

\$55 for 10-visit punch card

\$81 for 18-visit punch card

Note: Check weekly fieldhouse schedule before coming.

Fall Softball League (ages 18 & up)

A 14 game round robin season with double headers nightly beginning August 18. Registration begins June 2. Fees due by August 1 or when leagues fill. Roster capped at 20. We reserve the right to place teams in the proper division. Prizes awarded to top teams (check payable to manager or league credit).

Nights: Sun., Mon. (Co-Rec), Wed., Thurs.

Location: Sharp Athletic Complex

Team Fee: \$600 (50% deposit required to secure spot)



"Field of Teams" Softball Pickup Games - NEW!

Looking to play but don't have a team? Sign up as an individual and teams will be formed at the field. All skills welcome! Coming June 2025! For more information or to register, contact Laurie 219-838-0114.

Benefits in Munster

Highland residents receive access to the following Munster amenities at the resident rate!

For more info, call Munster Parks & Rec. at 219-836-7275

Dog Park Located at Centennial Park

This 3-acre fenced-in park is for members only, offering dog-sized drinking fountains, a dog playground, and waste bags available. Proof of immunization must be submitted for all dogs before a pass is issued. There is a three-dog limit. A lanyard and ID card will be issued and must be worn at all times when using the park. This is an annual membership beginning on date of purchase. To be considered a "resident," one must possess a current driver's license showing Highland/Munster residency. No exceptions.

	<u>Resident</u>	<u>Non-Resident</u>
First Dog	\$45	\$120
Second Dog	\$25	\$35
Third Dog	\$25	\$25

Golf Lessons Centennial Park Driving Range

Includes the basic principles of grip, stance, swing, chipping, and putting. Students will learn procedures, terminology, rules, and etiquette while receiving individualized attention. Call the Pro Shop for weather updates at (219) 836-6931.

Six Week Spring Lessons begin 4/21

Youth, Ages 6-17

Tuesdays, 4:30-5:30pm

\$110/Res., \$120/Non-Res.

Ladies, Ages 18+

Mondays, 4-5pm

Mens, Ages 18+

Mondays, 5-6pm

\$100/Res., \$110/Non-Res.

Please make check payable to Caleb Warner.

Register / check in at the new pro shop near driving range.

Munster Community Pool

Purchase or renew your season passes at the discounted "Early Bird" rate through May 9. Pool opens Saturday, May 24. Season passes are only available for purchase at the Munster Town Hall or Munster Community Pool. To be considered a "resident," one must possess a current driver's license with Highland or Munster residency. No exceptions. Lost pool pass card: \$10.

<u>Pass Type</u>	<u>Early Bird Resident</u>	<u>After 5/9 Resident</u>	<u>Early Bird Non-Res.</u>	<u>After 5/9 Non-Res.</u>
Individual	\$90	\$105	\$140	\$155
2-person	\$155	\$175	\$210	\$225
3-person	\$205	\$235	\$270	\$285
4-person	\$240	\$275	\$315	\$330
Each additional	\$40	\$45	\$50	\$55
Childcare prov.	\$60	\$85	\$75	\$90
Ages 2 & under	FREE	FREE	FREE	FREE

Pay-to-Park Information

Centennial Park has established a pay-to-park system enforced April 1 through October 31. Included with your dog park membership is a calendar year parking permit for one vehicle – registered by license plate. Otherwise, pay-to-park rates are \$2/hour or \$5/day.



Spring Clean-up Day

Republic Waste Services will schedule extra crews on **Tuesday, May 20** to collect trash and rubbish generated by spring cleaning from Highland residents. **NOT INCLUDED:** Construction debris, concrete, electronics, televisions, household hazardous waste & leaves. Televisions, computers & electronics may be recycled at HPW, 8001 Kennedy Ave. Info: Public Works, (219) 972-5083.

Shred Day

Highland Public Works will host Shred Day on **Saturday, June 21 from 8am to 12pm** at the **Public Works Garage** on Kennedy Ave. Highland residents only.

Household Hazardous Waste Day

Bring your household hazardous waste to **Highland Public Works** (residents only) on **Saturday, July 26 from 9am-2pm**. No ammo, explosives, medical or commercial waste. Shredding will be available.

Community Band

This band of volunteers is open to anyone from the area and is high school age or older. Rehearsals are held during the school year at the HHS band room from 7-8:45pm on Wednesdays under the direction of Greg Jasek. To join, contact Greg at maestroflute@att.net. Summer concert will be held on **Thursday, May 22 from 7-9pm at Main Square Park**

Rotary Corn Roast

This annual fund-raiser takes place on Friday, **August 1** from 4:30-7:30pm at Main Square Park. AYCE corn plus a hot dog or sausage, chips, desert, and drink. Tickets are \$8 in advance at the Lincoln Center and Cakes by Karen. \$10 at the park, day of event. Kids under 6 eat free.



Council of Community Events

Appointed by the Park Board and responsible for operation of the various events. Public meetings are held the first Wednesday of the month, 6:30pm at Lincoln Center. **See back cover for 4th Fest.**

Memorial Day Service

Join our Veterans to salute those who have served our country on **Monday, May 26, 10am, at Main Square Park.**

Community-wide Yard Sales

May 23-24 & August 22-23, 8am-3pm. Register for free online at HCCE's Facebook page using the Google Form linked on the event page. Register now through May 9 for the May sale and June 2-August 8 for the August sale.

Backyard Barbecue

Just like at home but no need to cook! Yard games, beer, music, family entertainment, and more! **Main Square Park in September.** Check back in fall guide for more details.

Highland Main St.

Redevelopment office: 219-972-7598

Planting Day

Come join us, plant some veggies at the Community Garden next to the Fire Station on Highway Ave. May 18, 10am-12pm. Donate a plant visit Zandstra's or Scheeringa to buy \$1 to \$5 Veggie Bucks.

Retail Crawl

Visit participating retail businesses in downtown Highland on Tuesday, May 3 for a special discount. Raffle prizes will be available as well.

The BIG Crawl

Live entertainment and \$7 specials from participating businesses on Tuesday, August 26. Highway Avenue from Kennedy to 5th St. will be blocked off.



HighlandGriffith
CHAMBER OF COMMERCE
Promoting Good Business

Chamber Golf Outing

Held on Thursday, July 10 at Wicker Park. Breakfast & check-in is at 8:30am with tee off at 10am. Register at hgchamber.org. For more information, call 219-923-3666.

Garage Sales

Do you have items you would like to resell, but don't want to invite people into your home to show your products?

Day: Saturdays, 9am - 2pm

Dates: May 10, Aug. 16, Oct 18, Nov. 15

Location: Lincoln Community Center

Vendor fees/show (table not provided):

10' x 10' interior space: \$40

23' x 6' wall space: \$65

Fishing Derby (age 6-13)

A catch and release tournament with prizes awarded for various categories. Please bring your own pole, hooks, and bobbers. Limited bait will be provided.

Date: Saturday, July 19, 8-10am

Location: Meadows Park Pond

Fee: \$10 R/\$13 NR

Code: 550110

Register by: July 11



Craft Show & Vendor Fair

Find great shopping opportunities and a variety of items that may include: candles, jewelry, clothing, handbags, handmade items, skin care, gourmet dips, and much more! Register at Lincoln Center office. Booth spaces will be assigned prior to show. Returning crafters will get their same space.

Date: Saturday, October 25, 9am-3pm

Location: Lincoln Community Center

Vendor fees/show (table not provided):

10' X 10' interior space: \$45

23' X 6' wall space: \$70

CSRI Events



Recreational opportunities for individuals of all ages and who have special needs & abilities
Check out the full calendar of events at
www.facebook.com/csrinwi

Special Splash Days Thursdays: May 29, June 12, July 10, July 24, & August 7

Schererville Parks will host these events from 4-6pm at the Community Center (500 E. Joliet St.) where the splash pad will be open for special splashes & CSRI participants. Free admission. Food truck on site. (219) 865-5530

Pool Parties Mondays: June 9 & July 7

Join Munster Parks & Rec. at Munster Community Pool (8837 Calumet Ave.) for an inclusive pool party from 6:30-8pm. Fee is \$3/person, payable at the door. (219) 836-7275

Splash & Dance Thursday, June 12

Hammond Port Authority will host people with special abilities and their families at Wolf Lake Aquatic Play Center (2100 Calumet Ave.) from 6-7:45pm. Free, no reg. required. (219) 937-7942.

Quiet Time on the Farm Sat., June 28

Lake County Parks will host a relaxing day on the farm at Buckley Homestead (3606 Belshaw Rd.) from 10am-1pm. Feed & pet select animals! Parents are encouraged to stay and help. Free event. Please call to register (219) 945-0543.

16th Annual Bike Parade Tue., July 1

Dyer Parks will host this event at Pheasant Hills Park (2301 Hart St.) at 6pm. Decorate wheelchairs, strollers, wagons, & bikes with patriotic theme! Free! Please call to register. (219) 865-2505.

Summer Fun Day Sunday, July 13

Lake County Parks will host this event at Bellaboo's (2800 Colorado St.) from 4-6pm. We will have the space to ourselves! Free! Please call to register. (219) 865-2505.

Touch a Truck Saturday, August 9

Schererville Parks will host this event at Redar Park (217 Gregory St.) from 11am-2pm. Open to all ages! Sensory sensitive time without loud noises or horns until 1pm. Free! (219) 865-2505.



Bus Trips

Call/email Alyce at 219-838-0114 / avandrunen@highland.in.gov for more information and to check vacancy. \$75 deposit required up-front. Overnight trips depart from the Lincoln Community Center via spacious, video and restroom equipped motor coach. Refunds not granted unless a replacement is available to take spot (\$3 processing fee applies). Individual medical insurance not provided. Travelers responsible for their own insurance.

Virginia Beach: Aug. 31-Sept. 6, \$1,074/dbl occ., \$1,423/single (7 day/6 Night- 10 meals: 6 breakfasts, 4 dinners)

Stroll along or relax on the famous Virginia Beach Boardwalk and see where the Chesapeake Bay meets the Atlantic Ocean. Enjoy a visit to Colonial Williamsburg, which includes a Guided Tour of this historic district. Get a front row seat to the Naval Fleet during a Narrated Norfolk Harbor Cruise. Visit to the Mariners' Museum and Park, and award winning Virginia Beach Aquarium and Marine Science Center. Experience the world-class Nauticus attraction, featuring the Battleship Wisconsin.

New Hampshire: Oct. 4-12 \$1,374/dbl occ., \$1,923/single (9 days/8 nights-8 breakfasts, 1 lunch, 6 dinners)

Surrounded by the White Mountains and Lakes Region of New Hampshire, you'll love this attraction packed trip. Take a scenic Gondola ride to the top of Loon peak. See a live bear show and famous train ride at Clark's Trading post. Explore over 200 years of rural living and the history of country doctors at the picturesque Remick Country Doctor Farm & Museum....plus much more.



Programs meet at Lincoln Community Center unless otherwise noted.
Register for trips at Lincoln Community Center office.

Trips/CSRI - 11

Fitness Center

Hours:

- Monday - Friday: 5am-10pm. Sat & Sun: 7am-7pm

Amenities:

- A variety of cardio & strength equipment.
Treadmills, ellipticals, bikes, StairMasters, NuSteps, Concept2 Rowers, a handbike, and free weights
- Lockers & showers available
- New member equipment orientations Thursdays, 11am

**Join for
\$20/month!***

**Based on Highland/Munster residency, standard individual annual membership on auto-debit.*

Individual Memberships (Resident/Non-Resident)					
Category	Daily	1 Month	3 Months	6 Months	1 Year
Standard Adult	\$8/\$12	\$50/\$70	\$108/\$151	\$162/\$226	\$240/\$336
Student/65+	\$6/\$9	\$44/\$61	\$95/\$132	\$142/\$198	\$210/\$294
Active Mil. / Vet. (Res. Only)	\$6	\$37.50	\$81	\$121.50	\$180

Family Packages (Resident/Non-Resident)			
Category	Head of Household	2nd HH Member	3rd or More HH Member
Standard	\$240/\$336	\$180/\$252	\$120/\$168
Student/65+/Active Military		\$120/\$168	

To be considered a "resident," one must possess a current/valid state-issued photo ID showing Highland, IN or Munster, IN residency. Bills or other pieces of mail will not be accepted as identification. Annual memberships (including household packages) are eligible for ACH installment billing from a checking account. A voided check must be provided along the first month's fees at time of registration. The remaining balance will be divided up in monthly installments over the duration of the term. After one year, the membership(s) may be cancelled with 30 day written notice. No transfers or early termination unless proof of change in residency 30+ miles from the Lincoln Center. Minimum age is 14. Active Mil/Vet. discount category applies to Highland residents only. Must present DD-214 card, VA card, or current military ID at time of registration. Those whose discharge was less than honorable are not eligible. Active military (res. or non-res.) are eligible for free 14 day pass when home on leave (once every six months).



Commit to fitness with personal trainer!

Members receive a complimentary consultation. Schedule yours today!

New Client Special (Limit one per person)

3 individual sessions: **\$114** or 3 partner sessions: **\$85/person**

May Promo
Buy 12+, get 3 free!



Lisa Blocker
NASM



Ben Blonn
NSCA, CSCS



Chrissy Addison
NSCA-CPT

Sessions expire if not used within 1 year.

Sessions require appointment made a minimum of 24 hours in advance, based on trainer availability.

For 12-packs and greater, client may put \$100 down and remaining balance paid over the next three months via EFT installment billing.

# of 1 hr sessions	Individual member	Partner members	Individual non-member	Partner non-members
1	\$58	\$42 / person	\$64	\$46 / person
6	\$49/session (\$294 total)	\$38/session each (\$228 total/person)	\$54/session (\$324 total)	\$42/session each (\$252 total/person)
12	\$46/session (\$552 total)	\$35/session each (\$420 total/person)	\$51/session (\$612 total)	\$39/session each (\$468 total/person)
24	\$43/session (\$1,032 total)	\$32/session each (\$768 total/person)	\$47/session (\$1,128 total)	\$35/session each (\$840 total/person)
36	\$41/session (\$1,476 total)	\$30/session each (\$1,080 total/person)	\$45/session (\$1,620 total)	\$33/session each (\$1,188 total/person)

12 - Fitness Center

In-person classes meet at Lincoln Community Center
Register at Lincoln Center office or highlandparks.org (past customers)

*Paying Fitness Center members receive 10% discount on most fitness program full session rates
Amount paid for drop-in trial may be applied toward full session fee.
Please wear comfortable gym shoes. Bring a towel and bottle of water.*

SilverSneakers Classes

SilverSneakers members must register for pass (no charge) and scan it before class. Session fees for non-SS members:

- \$21 R/\$24 NR per 6-week session
 - \$18 R/\$20 NR per 5-week session
 - \$14 R/\$16 NR per 4-week session
 - \$11 R/\$12 NR per 3-week session.
 - Extra \$3 added for 1-hour BOOM.
- Instructor: Louise

SilverSneakers Classic

A variety of exercises to increase muscular strength and range of movement for functional daily living.

Day: Mondays, 10:45-11:30am
Dates: June 9-23 (3 weeks)
July 21-August 25 (6 weeks)
Code: 300034

SilverSneakers BOOM Move

Fun & dance-inspired to improve cardio and coordination.

Day: Tuesdays, 9:30-10:15am
Dates: May 27-June 24 (5 weeks)
July 15-August 19 (6 weeks)
Code: 300041

SilverSneakers Chair Yoga

Poses and meditation to increase flexibility and balance.

Day: Wednesdays, 10:45-11:30am
Dates: May 28-June 25 (off 6/11 - 4 wks)
July 16-August 20 (6 weeks)
Code: 300014

SilverSneakers BOOM

Three 20-minute segments: Boom Muscle (strength work), Boom Move it (Dance), and Boom Mind (Yoga/Pilates).

Day: Fridays, 10:30-11:30am
Dates: May 30-June 20 (4 weeks)
August 15-Sept. 19 (6 weeks)
Code: 300015

Renew Active Class

Renew Active members must register for pass (no charge) and scan it before class.

Session fees for non-RA members:

- \$21 R/\$24 NR per 6-week session
- First come first served. Instructor: Louise*

Renew Active Aerobics

Designed for seniors but can accommodate all ages! Incorporates stretching & strength training.

Day: Thursdays, 9:30-10:15am
Dates: May 22-June 26, July 17-Aug. 21
Code: 300002

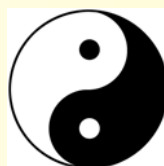


Tai Chi (ages 18 & up)

Benefits include: improved balance, flexibility, strength, and stress relief. Instructor Jay has been studying martial arts for 35 years and has achieved rank in Goju Ryu, Shorin Ryu, and Yang style Tai Chi. He is co-owner of Hobart Karate & Tai Chi.

Day: Thurs., 5:30-6:30pm (4 weeks)
Dates: May 8-29, June 5-26,
July 10-31, August 7-28

Instructor: Jay Harris
Fee: \$42 R/\$45 NR
Drop-in Trial: \$12 R/\$13 NR
Code: 300021



Hatha Yoga (ages 15 & up)

Relaxing exercises which relieve tension and restore good health, breathing techniques for a higher level of vitality, meditation for calmness and clarity of mind. Please bring a mat, water bottle, and towel. Certified instructor: Lynn B.

Day: Wednesdays
Time: 5:30-6:25pm or 6:30-7:25pm
Sessions: June 18-July 30 (off 7/2)
Fee: \$36 R/\$38 NR
Drop-in Trial: \$10 R/\$11 NR
Code: 300007 Min. 10/Max. 18

Mommy & Me (ages 6-16) Cardio Drumming (new!)

Designed to be inclusive and fun for everyone, kids to adults, making it a great way to bond while getting an amazing workout. No drumming or fitness experience needed—just bring energy, enthusiasm, and get ready to drum to the beat of fitness! Instructor: Gabby J.

Day: Tuesdays 5:30-6:30pm
Sessions: June 3-24, July 1-22, August 5-26
Fee: \$20 R/\$24 NR (per person)
Code: 300018 Min. 6/Max. 22

High-Low Aerobics

Exercise to the sounds of the 50's-90's with fun & unique cardio building dance style aerobics. Achieve body shaping, flexibility improvement, and muscle toning with hand weights. Instructor: Christine P.

Dates: Tues. & Thurs., 6:10-6:55pm
(6 week sessions)
Dates: Off for summer; returns 9/9

Group Exercise Flex Pass

By popular demand, this pass allows for flexibility to take a variety of classes on days convenient for you!

Passes are available for the classes listed below.

Fee: \$50 R/\$55 NR (10 visits/pass) **Code:** 300043

Follow class schedule and updates at the Lincoln Center Fitness Classes Facebook group!



AM Aerobics Hour

A low impact class suited for intermediate and advanced students. Can be modified to student ability. Instructor: Cheri R.

Day: Mondays, Wednesdays, Fridays
9:30-10:30am (off 5/13-27, 6/22, 7/6, 8/31)

BodyPump™ LESMILLS BODYPUMP by Les Mills

This revolutionary barbell workout challenges all major muscle groups. Tone and define your entire body through squats, presses, lifts, and curls. Determine your level by choosing appropriate weights in this team environment! Instructor: Cheri R.

Day: Mondays, 4:30-5:30pm (off 5/11-21 & 6/2-9/8)
Wednesdays, 4:30-5:30pm (off 5/11-21 & 6/2-9/8)
Sat., 8-9am (off 5/11-21 & 7/19)

Tae Bo™

Get ready to sweat, burn, and push your limits in this high intensity class! Each session incorporates bodyweight exercises, resistance training, and cardio bursts to maximize fat burn, build strength, and improve endurance. Instructor: Sarah B.

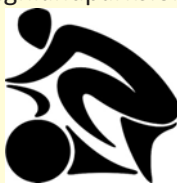
Day: Mondays, 5:30-6:30pm (off 5/26, 6/9)

Group Cycling

Great for beginners and intermediate cyclists looking to get a fun workout in. Instructor: Mandy K. Max. 9 students.

Ages: 14 & up
Day: Tuesdays, 5:15-6pm
Thursdays, 8:15-9am (6/5-8/7)
Sundays, 8:30-9:30am (6/8, 6/22, 7/13, 7/27)

Note: Must reserve bike online
@highlandparks.org



Cardio Drumming

Clink drumsticks overhead and on exercise balls to upbeat energizing music. Constant choreographed movements to the beat revs up your heart rate while working your core. Loads of fun, all while working out! Instructor: Gabby J.

Day: Tuesdays, 6:30-7:30pm
Now every Tuesday!



Salsation™

This workout converts functional training protocols into innovative dance moves. The format integrates functional body movements into each routine, improving your mobility and stamina and is for all ages and fitness levels. Instructor: April D.

Day: Tuesdays, 7-7:55pm (6-6:55pm beginning May 29 - off 7/4)

Zumba Fitness™

Ditch the workout and join the party! A high energy Latin dance inspired program. No experience required. Have fun & burn calories!

Day: Wed., 6:30-7:30 (off 6/11 - Sarah B.)
Thurs., 7-7:45pm (off 7/3 - April D.)

Body Sculpt

Tone up with weights, resistance bands, exercise balls, & your own body weight! Includes plyometrics with modifications for every level. Instructor: Sarah B.

Day: Wednesdays, 5:30-6:25pm (off 6/11)
Saturdays, 8-9am via Zoom (off 6/14)

Email Lglowacki@highland.in.gov 24 hours in advance for Saturday login info.



Cardio Kicks, Core, & More (ages 18 & up)

This conditioning and strength program utilizes the principles of the R.I.P.P.E.D. training routines. Includes sports-themed actions and some fun kickboxing, along with free weights, to strengthen your core and muscles giving you a full body workout. Suitable for all fitness levels. Instructor: Dennis H.

Day: Saturdays, 9-10am (off 7/5)

Stride & Shine Free Walking Club - NEW!

Join us for a refreshing and fun way to stay active this summer! Enjoy the outdoors, meet new friends, and improve your health. All are welcome! Led by: Jan K.

Days: Fridays, 9am

Dates: July 11, 18, 25, and August 1

Location: We will meet at the blue pavilion off 41st St. near the high school tennis courts. If inclement weather, we will meet at Lincoln Center walking track.

CPR: Heartsaver AED / First Aid (ages 16 & up)

A video-based, instructor-led course that teaches critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency until EMS arrive. Students receive a course completion card that is valid for two years. Instructor: Donita. Min. 5/Max 10

Day: Tuesdays, 6-9pm

Dates: June 3 and August 5

Fee: \$90

Code: 349014

Register by: By the Thursday prior



Red Cross Blood Drives

If you are at least 18 years of age, weigh a minimum of 110 lbs., and are in good general health, you may be eligible to donate blood. Please bring your donor card or positive ID.

Dates: First Tuesday of the month

Time: 1-6pm



HealthChek Labs

Affordable blood work & flu shots! Basic profile includes metabolic/lipid panels and complete blood count

Day: Saturdays, 9-10am

Dates: July 12, August 9, September 13

Location: Lincoln Community Center

Note: Please call 219-322-7041 to schedule your appointment. Fasting recommended. Drink plenty of water and take medications as directed.



Senior Socials (age 55+)

These social events consist of bingo, games, great conversation, and guest speakers or entertainment. Call Cole with questions 219-838-0114.

Days: Last Tues. of month, 12-3pm

Dates: April 29, May 27, June 24, July 29, Aug. 26

Fee: \$5 R/\$6 NR (includes lunch)

Code: 330005 Max. 75

Register by: 2 days in advance



Transportation

Certain elderly and handicapped person in the greater Hammond area may be eligible for limited basis transportation services. For more information call Dial-A-Ride at 219-932-2530.

Leadership Development for Kids & Youth "Lead the Way, Empower Your Future"



KIDS & TEENS Age 8 to 15
SATURDAY

from 9:30 am to 11:30 am

Session #1: May 10, 17, 24 & 31

Session #2: June 7, 14, 21 & 28

For Session #1 **REGISTER** on or before **May 1st**.
For Session #2 **REGISTER** on or before **June 1st**.

\$40 per week / per participant

Early Bird ONLY!

Reg. \$50 per week / per participant

(If you **REGISTER** after
Early Bird's deadline)

Space is limited! Min. 5 Max. 29

WORKSHOPS LOCATION

Lincoln Community Center
2450 Lincoln St. (Room 115)
Highland, IN 46322

* Please bring your own snack & drink *



Leaderable

TRAINING LEADERS TO SUCCEED

Our Workshop Includes:

Creative Materials, Interactive Activities,
Wide Range of Topics, Expert Instructions,
Open Discussion, Reflection Time, DISC Assessment,
Leaderable T-Shirt, Certificate of Completion & More...

QUESTIONS & REGISTRATION

www.Leaderable.com
lgentile@leaderable.com

219.629.1342



Programs meet at Lincoln Community Center unless otherwise noted.
Register at Lincoln Center office or highlandparks.org (past customers).

Wellness - 15

Rooms & Halls

The perfect venue for showers, open houses, meetings, banquets, receptions, etc. Advanced notice required, based on set-up and subject to availability. No same day rentals granted. Reservations must be made in person with a valid photo ID. Permit holders must be present during event. No reservations will be accepted over the phone. Rooms require a 3 hour minimum rental. Hours assessed are from time in to time out. No extra free time granted for decorating or clean up. All fees must be paid in full at time of registration. Table/chair set-up is included. See facility permit for complete rules. Sales tax will apply to rental fees.

2024-25 Lincoln Center Rooms		Resident Fees		Non-Res. Fees	
Room/Hall	Max. Occupancy	First 3 hours	Extra Hour	First 3 hours	Extra Hour
Single Classrooms					
112	30	\$66	\$19	\$99	\$28
113	27	\$66	\$19	\$99	\$28
115	29	\$66	\$19	\$99	\$28
116 or 118	31	\$66	\$19	\$99	\$28
108 or 109	39	\$83	\$24	\$125	\$35
Double Classrooms					
113-115	56	\$121	\$33	\$180	\$49
116-118	62	\$133	\$40	\$199	\$60
108-109	78	\$168	\$50	\$251	\$75
Banquet Hall					
North or South Half	128	\$258	\$78	\$386	\$117
Full Hall	256	\$519	\$163	\$779	\$246

Extras:

- Classroom rentals require a \$75 damage deposit*
- Banquet hall rentals require a \$200 damage deposit*
- Portable PA system with microphone rental: \$31
- Portable 40" TV/DVD combo rental: \$21
- AV equipment in banquet hall (projector/mics/sound): \$52
- Kitchen (add-on to banquet hall or north half only): \$55
- Rentals past 10pm (midnight is latest): additional \$100/hour
- Alcohol: only permitted in banquet hall, requires a caterer with proper insurance/permit to serve (ex: Ace Catering), may be subject to board approval, and must be booked a min. of 30 days in advance. Additional \$80/hour for security (4 hour min.)
- For-profit groups charging admission: \$25/hour

*Damage deposit is refunded via check upon a satisfactory facility inspection and approval at regular monthly park board meeting. Deposit may be retained for late fees incurred by going beyond the rented time frame.



Room 109

Fieldhouse

Courts can be rented for volleyball / basketball games and practices. Reservations must be made prior to weekly fieldhouse publication on Wednesdays, pending availability. No weeknight (Mon.-Thurs. 5-10pm) rentals Nov. through March. Full fieldhouse rentals for trade shows and tournaments are approved by the Park Board through a written request to the Superintendent. Sales tax will apply.

2024-25 Court Rental Fees (Basketball or Volleyball)		
State sales tax will be added.		
	Practice	Game (Includes scoreboards)
Resident:	\$43/hour	\$70/hour
Non-res:	\$65/hour	\$105/hour

Open Gym & Walking

Hours: Weekly schedules for the following 7 days are posted on Wednesdays online and in our lobby. Occasionally, programs and rentals preempt open gym/walking. All are welcome to use the track at no charge during posted hours.

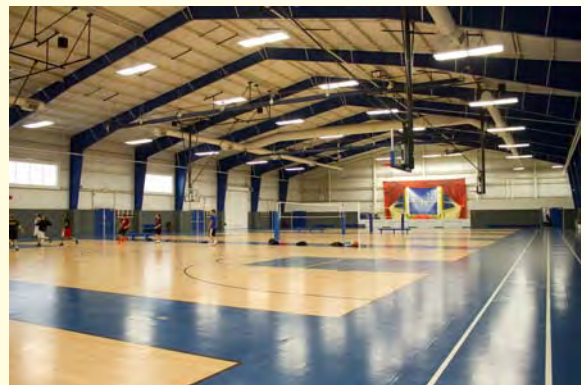
Photo ID Policy: Children age 11 and under must have a parent with photo ID sign in on behalf of their child. Guests 12 and older must have their OWN valid photo ID and sign in to gain access to open gym.

During Open Gym (basketball), the following fees apply:

Highland Residents & Active Military: No fee for open gym.
Non-Residents: Age 14 & up: \$15/visit. Under 14: \$9/visit.

Home School Open Gym:

A court will be available 10am-12pm on Tuesdays for home school students to shoot hoops and meet other students. Parent supervision required. Highland residents only!



Banquet Hall North

Shelters

The following shelters have access to restrooms and drinking fountains to make your picnic more enjoyable:

- Homestead Park East:** 8000 Parrish Ave. (near playground & restrooms - no electric)
Homestead Park West: 8003 - 5th St. (electric available)
Meadows Park: 9400 Southmoor Ave. (electric avail.)
Sheppard Park: 9217 Liable Rd. (no electric)
Markley Park: 9501 Saric Dr. (no electric)

Shelters are on a first-come, first-served basis and can accommodate up to 250 people. Fees cover the placement of picnic tables, trash cans, and clean-up. Reservations require 8-day advance notice. Sales tax will apply.

2024-25 Shelter Rental Rates			
		Resident	Non-Res.
50 people & under:		\$88	\$131
51-100 people:		\$125	\$186
101-150 people:		\$168	\$252
151-200 people:		\$208	\$311
201 or more people:		\$249	\$374

Main Square Gazebo

Located at 3001 Ridge Road, this is a popular site for wedding ceremonies. Decorating and chairs are the responsibility of the permit holder. Electrical service is available upon request. Decorations must be taken down following event. Due to park programs during May through September the following items may be in the park: tents, picnic tables, bleachers, etc. Only the gazebo may be used as part of the facility agreement. The surrounding park not included in rental. Sales tax will apply.

2024-25 Gazebo Ceremony Rates	
Both Highland Residents:	\$76
One Highland Resident:	\$139
Neither Highland Residents:	\$209

* Driver's license must be shown as proof of residency.

Ballfields

Softball fields are available for rent at Sharp Athletic Complex (8071 Kennedy Avenue). Call for availability and pricing.

Facility Cancellations

ENTIRE FIELDHOUSE & SHARP ATHLETIC COMPLEX:

80% refund/credit if cancelled/date changed less than 60 days prior to event. No refund if cancelled within 7 days.

BANQUET HALL & FIELDHOUSE COURT RENTALS:

80% refund/credit if cancelled/date changed/room downsized less than 30 days prior to rental. No refund if cancelled within 7 days.

CLASSROOMS, GAZEBO, PICNIC SHELTERS & TABLES:

50% refund/credit if cancelled/date changed/room downsized less than 30 days prior to rental. No refund if cancelled within 7 days.

All refunds will be charged a \$3 processing fee and paid via check following approval at a regular monthly Park Board meeting. Refund checks will be mailed the Monday following the third Thursday of the month. All refunds must be requested one-week prior to the meeting. Any refund requests past this deadline will not be issued until after the next month's meeting. Absolutely NO CASH refunds will be issued. NO EXCEPTIONS.

Park Donations

Groups and individuals are encouraged to help improve the community by donating benches and trees. A plaque donation will be placed to honor your group or to identify the memorial.

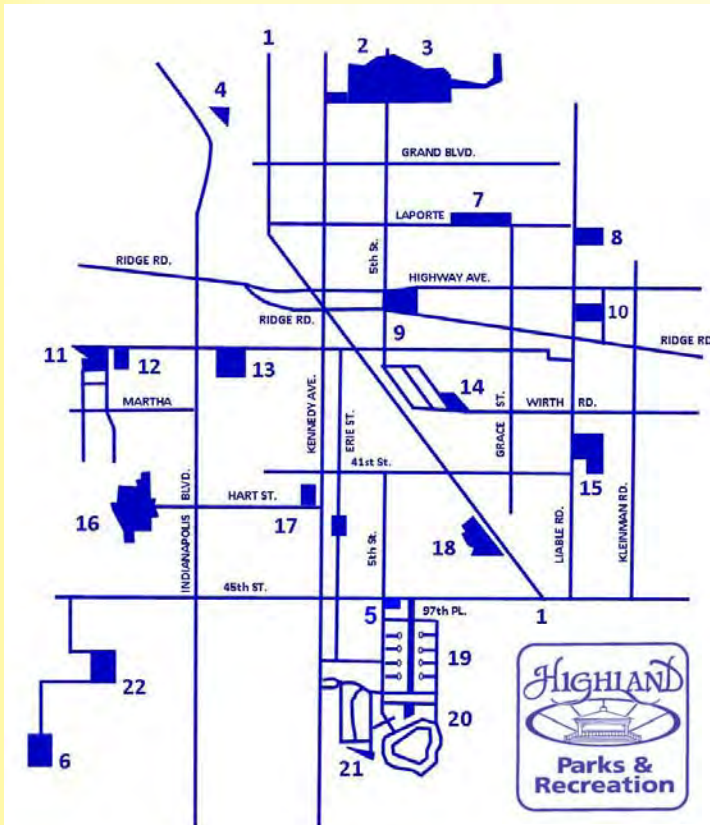
FULL BACK RECYCLED PLASTIC BENCH: \$1,350
TREE: \$250

Erie-Lackawanna Trail

The Erie-Lackawanna Trail in Highland is 4 miles long. The jurisdiction and maintenance of this facility falls under the Highland Parks and Recreation Department. Therefore, park rules must be abided while utilizing the trail. Motorized vehicles are prohibited. However, the trail is acceptable for walking, jogging, biking, and skating. Trail maps are available in the Highland Parks and Recreation office. As of March 2023, this section of the trail features dusk till dawn solar-powered lighting.



Park & Trail Map



Park Policies

The Town of Highland prohibits the following by ordinance in all park areas: advertising, alcohol/drugs, archery, ATV vehicles, camping/sleeping, defacing park property, destruction of landscape, disorderly conduct, dumping/littering, firearms, fireworks, gambling, glass containers, golfing, harassing wildlife, horses, metal detectors, mopeds, motor vehicles, open fires, overnight parking, snow mobiles, soliciting, and swimming.

Pets must be on leash at all times and owners are responsible for picking up waste.

Permit holders have shelter priority.

Baseball is permitted only at Homestead, Markley & Orchard.

Tennis courts are for tennis use only.

Please notify the Park Office at 219-838-0114 for violations of park policies or if you notice a park facility in need of repair.



Amenities

		Administration	Meeting Rooms	Ample Parking	Restrooms	Drinking Fountain	Playground Equip.	Picnic Shelter	Gazebo	Ball Diamond	Tennis Courts	Basketball Courts	Soccer Field	Volleyball Courts	Pickleball Courts	Walking Path	Nature Area	Skate Park
1	Erie-Lackawana Trail					x										x		
2	Sharp Athletic Complex: 8071 Kennedy Ave.			x	x	x	x		x									
3	Homestead Park: 8000 Parrish & 8003 5th St.			x	x	x	x	x	x		x		x		x	x		
4	Northwood Park: 2431 81st St.					x	x		x		x							
5	"45th & 5th St. Park": 3000 45th St.																	
6	White Oak Park: 2020 Briarwood Ln.					x		x							x			
7	Little Turtle Park: 3201 LaPorte St.					x	x				x				x			
8	Toth Park: 3800 LaPorte St.																x	
9	Main Square: 3001 Ridge Rd.		x	x	x	x		x										
10	Orchard Park: 8720 Orchard Dr.					x	x		x		x	x						
11	Brantwood Park: 2030 Lincoln St.					x	x			x	x							
12	Meadows Outlet: 2020 37th Pl.																	
13	Lincoln Community Center: 2450 Lincoln St.	x	x	x	x	x	x				x		x	x	x			
14	Pettit Park: 9040 Cottage Grove Ave.					x	x				x							
15	Sheppard Park: 9217 Liabie Rd.			x	x	x	x	x	x		x	x	x					x
16	Meadows Park: 9400 Southmoor Ave.			x	x	x	x	x	x			x	x	x	x	x		
17	Fletcher Park: 2715 Hart Rd.						x											
18	Markley Park: 9501 Saric Dr.			x	x	x	x	x	x									
19	Lakeside Park: 3046 97th Pl.						x			x	x							
20	Jaycee Park: 3040 101st St.						x				x							
21	Lakeside Outlet: 10144 4th Pl.																	
22	Terrace Park: 2220 Terrace Dr.						x											

Registration

Online registration for past customers on certain programs at highlandparks.org. Registration is also accepted during normal hours in-person or via mail at the Lincoln Center Park Office (2450 Lincoln St., Highland, IN 46322). Cash, checks payable to Highland Parks & Recreation, and credit/debit cards are accepted. No phone registrations available.

Registration required one-week in advance for most programs. All area residents are welcome to participate in most HPRD programs (unless otherwise noted). The first fee listed in the brochure is for Highland residents, the second fee listed is for non-residents. All programs and classes are on a first-come, first-served basis. Timely registration is encouraged. Patrons who fail to abide by the HPRD rules may result in cancellation from program with NO refund.

Program Refunds

When a refund is requested and approved, patrons will be granted the amount for any remaining classes less any fees for that program, and a \$3 processing fee will be deducted. No refund will be granted once a program has concluded. Absolutely no refunds or transfers will be honored for no shows or missed classes. No cash refunds are permitted, even if you registered on the same day. All refunds are paid by checks issued monthly by the Park & Recreation Board.

Non-sufficient Checks

A \$15 fee will be assessed to those presenting N.S.F. checks for programs. This fee must be paid at the Town Hall BEFORE one can participate in the program the N.S.F. check was issued. If more than one N.S.F. check is written in any one year, no further checks will be accepted. Cash payment will be required for all future transactions.

Lost & Found

When using HPRD facilities, leave valuables at home. Do not leave personal belongings unattended. HPRD is not responsible for lost or stolen items. Items will be discarded if unclaimed after 30 days. Lockers available at no charge (bring a lock).

Equal Opportunity Notice

HPRD programs and facilities are available to all citizens regardless of race, color, national origin, religion, age, sex (gender), sexual orientation, physical or mental disability, and reprisal. Reasonable accommodations may be requested to provide participation in desired programs and activities. If you have a disability condition and would like more information and support for accessibility of programs and facilities, contact the Superintendent for Parks and Recreation at 219-838-0114. Regulations of the U.S. Department of Interior strictly prohibit unlawful discrimination in departmental Federally Assisted Programs. Any person who believes he or she has been discriminated against in any program, activity, or facility operated by a recipient of Federal Assistance should write to: Director, Equal Opportunity Program, National Park Service, P.O. Box 37127, Washington, D.C. 20013.



Sponsorship

Advertise your business while helping to support a higher quality of life for our community!

LCC Fieldhouse Banner

5' x 5' hung for 3 years: \$900. Pay in full or with 3 annual installments.

LCC Digital Display Ad.

50" display in lobby and fitness center. Part of looping series of program ads: \$500 per year or \$150 per quarter.

Movie in the Park Series (4)

Partner level \$400
Supporter level \$250

Summer Concert Series (7)

Partner level \$700
Supporter level \$400

Youth Track & Field (deadline 5/15)

Logo prominently featured on all 60-100 participant shirts. \$250

All American Mile (deadline 6/1)

Sponsor levels may include logo on the backs of all 500+ race shirts, social media recognition (10,000+ followers), and race day signage. Bronze \$225; Silver \$400; Gold \$550

Summer Theater (deadline 6/23)

Program ads:

Half page: \$100

Full page: \$150

Inside back/front cover: \$200

Back cover - limit one: \$250

T-shirt sponsorship: \$150

Fall Brochure Ads (deadline 7/15)

Business card size: \$105

Quarter page: \$263

For more info on opportunities and to see full sponsor form, visit highlandparks.org or email dbyers@highland.in.gov.

Movies in the Park

The big screen in our backyard! Movies begin at dusk (usually around 8:30pm) at Main Square Park and are open to all ages. Please bring your own lawn chairs or blankets for seating and snack under the stars (concessions available). In the event of inclement weather, movie will be shown at Lincoln Center (still bring chair). See sponsorship opportunity on page 19.

Friday, May 30: *Despicable Me 4*
Friday, July 11: *Dog Man*
Friday, August 22: *The Wild Robot*



**Proud sponsor of Movies in the Park
and the Summer Concerts!**

Summer Concerts

May 22 (Thurs.): COMMUNITY BAND (see page 10 for info)
June 4 (Wed.): SOUL ENTERTAINMENT (BLUES)
June 11 (Wed.): THE ULTIMATE BRITISH INVASION
June 18 (Wed.): HENDRIX EFFECT (Jimi Hendrix Tribute)
July 16 (Wed.): PAWNZ (Motown)
June 25 (Wed.): EDDIE KOROSA JR. (Polka)
August 6 (Wed.): THE STINGRAYS (Swing/20s-50s)
August 13 (Wed.): OSCAR & THE MAJESTICS (Rock)



All shows are 7-9pm at Main Square Park.

Bring a lawn chair. If inclement weather, concert will be moved to Lincoln Community Center Banquet Hall (still bring a chair). Concessions will be available.

Vendor Fees: Weekly: \$30

Season (7 weeks): \$175

Tables, chairs, and extension cords not provided.



Summer Theater Production: Mamma Mia!™

Get ready to dance, jive, and have the time of your life! Set on a Greek island, *Mamma Mia!* follows a bride-to-be searching for her father, leading to love, laughter, and nonstop ABBA hits. A feel-good musical for all ages!

Show Dates: July 24-27 & July 31-August 2

Time/Location: 8pm, Main Square Gazebo

VIP Seating: \$3/ticket in advance at Lincoln Center
\$5/ticket at "door" (pending availability)

Bring your lawn chairs/blankets and bug spray. Concession stand will be open and we will be selling programs for \$2 and T-shirts for \$15, while supplies last. All proceeds support the production. See Rotary Corn Roast on page 10 taking place August 1.

The All-American Mile Run

This annual chip-timed one mile race for all ages is in its historic 41st running as a kickoff to the Twilight Independence Day Parade. It is part of the Calumet Striders 2025 Gold Cup Series! Register early to guarantee a T-shirt. Course map and more info available at runsignup.com. Children registered for our Youth Track & Field program (page 7) receive a registration code!

Date/Time: Thursday, July 3, 6:30pm (race time)

Location: Race begins at 40th St. and Kennedy Ave.

Fee: \$15 through July 2, only at runsignup.com
\$20 on race day, 5-6:15pm at SToH administration building (cash/check only)

Awards for top 3 in each age division plus...

- Overall male/female winners
- Masters male/female winners
- Top 3 Clydesdale/Athena finishers
- Fastest sub 4-min. male / sub 4:50 female: \$1,000

Fourth of July Festival

Held at Main Square Park. Hours subject to change. Carnival, food & craft vendors, live entertainment, and beer garden!

Wednesday, 7/2: 5-10:30pm

5pm: The Sharks, **6:30pm:** Mr. Funnyman,
8:30pm: Jump (Van Halen Tribute)

Thursday, 7/3: 2-10:30pm

5pm: Little Giant, **6:30pm:** Mile Run & Twilight Parade,
7pm: Ashlyn, **8:30pm:** Nate Venturelli

Friday, 7/4: 2-10:30pm

3pm: Gerhart, **4:30pm:** Chicago Rockology,
6:30pm: I'm with Frank, **8:30pm:** Elton Jeff & The Honkycats

Saturday, 7/5: 2-10:30pm

2:30pm: Red Revolution, **4:30pm:** Grindstone,
6:30pm: Big City, **8:30pm:** Dick Diamond & The Dusters

Sunday, 7/6: 2-9pm

12pm: Special Abilities Day, **3pm:** Visions of Santana
5pm: Crawpuppies, **7pm:** Smalltown (Mellancamp Tribute)



**Scan the QR code to visit the
new Council of Community
Events Facebook Page and stay
up to date with special events!**

