

Parks & Recreation

2024 Winter/Spring Guide



NERF Wars: Page 6

Daddy Daughter Dance: Back Cover

Self Defense: Page 8



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**Gazebo Express
& Trojan Today
town newsletters are
available at
highland.in.gov**

Town Council (2024)

George Georgeff, 1st Ward
Douglas Turich, 2nd Ward
Alex Robertson, 3rd Ward
Tom Black, 4th Ward
Philip Scheeringa, 5th Ward

Clerk Treasurer

Mark Herak

Park & Rec. Board (2023)

Chris Ray, President
Omar A. Torres, Vice President
Carlos O. Aburto, Secretary
Nick Russo, Member
Pat Krull, School Board
Joe Miyake, Attorney

Study sessions are held the first Thursday of the month, 6:30pm at Lincoln Center. General meetings are held the third Thursday of the month at 7pm at Town Hall, 3333 Ridge Rd. Highland, IN 46322.

Parks & Recreation Staff

Alex Brown, Superintendent
Trevor Kinley, Park Director
Dave Byers, Recreation Director
Alyce Van Drunen, Rec. Supervisor
Eric Schad, Rec. Supervisor
Laurie Glowacki, Rec. Supervisor

Park Office

Lincoln Community Center
2450 Lincoln Street
Highland, IN 46322
Phone: 219-838-0114
Fax: 219-972-7584

Office Hours

Monday - Friday: 8am-8pm
Sat. 9am-5pm, Sun. 11am-5pm

Fitness Center/Building

Monday - Friday: 5am-10pm
Saturday/Sunday: 7am-7pm

Youth Sports Organizations

Girls Softball

Ages 6-18
Dave Rivera
drjrrivera1@gmail.com
highlandgirlssoftball.com



Youth Soccer

Ages 3-14
Dan Goodeve
219-616-9295
highlandsoccer.org



Pop Warner

Ages 5-13
Dave Weisz
219-405-2808
highlandpopwarner.com



Girls Basketball

Grades 4-8
Jennifer Walker
219-333-0008
twinkies56@yahoo.com



Hurricanes Swim Club

Ages 5-19
Stephanie Bantsolas
president@highlandhurricanes.net
highlandhurricanes.net



Little League

Ages 4-12
Matt Warner
219-805-8065
highlandll.com



Babe Ruth

Ages 13-19
Lisa Stacy
219-381-5331
highlandbaberuth@yahoo.com



highlandparks.org



facebook.com/highlandparks



HighlandParks

Creature Chats

Come see what the staff from Gibson Woods Nature Preserve has packed up in their traveling bag of animal wonders for the kids to see, touch and learn about. Each week, we will focus on a different group of animals, such as scaly, nighttime, furry and feathered.

Ages: 3-6 years

Days: Tuesdays, 9:30-10:30am

Dates: January 23 - Feathered Friends
January 30 - Furry Friends
February 6 - Neighbors
February 13 - Scales and Shells
February 20 - Bones or no bones

Fees: \$8R/\$10NR

Code: 348041 Min. 6/Max. 12

Preschool Open Play

Bring your little one to the Lincoln Center for self-led playtime before nap time. Each session will have a variety of different activities set-up to enjoy from tunnels to ball pits and more! Adult supervision is required of all children, you may not drop your child off.

Ages: 2-6

Dates: January 11, 25, February 8, 22,
March 7, 21, April 11 & 25

Location: Lincoln Center Fieldhouse,
Court 2

Fee: \$5/child (adult supervision
required)

Kids Yoga

A fun experience using traditional poses, games, songs, adventures, and crafts to engage your child. We'll enhance fine and gross motor skills, balance, and core strength. Yoga encourages self-esteem, concentration, body awareness, and creativity through a non-competitive physical activity. Please bring a towel, blanket, or yoga mat. Instructor: Lynn.

Ages: 6-10 years (see adult on pg 13)

Day: Wednesdays, 5:30- 6:25pm

Sessions: January 24-March 6 (off 2/7)
April 17-June 5 (off 5/8 & 5/29)

Fee: \$35 R/ \$38 NR

Code: 348027 Min. 8/Max. 10



Bricks 4 Kidz

S.T.E.M. Enrichment

This is not just a playtime session; it's an investment in your child's mind! Our model is designed to put STEM (science, technology, engineering and mathematics) education into practice with hands-on exposure – all while having fun!



Ages: 6-12

Day: Thursdays from 5:30-6:30pm

Sessions: January 11-Feb. 1, Feb. 8-29,
March 7-April 4 (off 3/28),
April 11-May 2

Fee: \$60 R/\$65 NR

Code: 348007 Min. 5/Max. 16

Register by: 3 days prior to session start

Babysitting Certification Class

Have a young person who is interested in earning some extra cash? We are offering BLAST (Babysitter Lessons & Safety Training). This 4-hour class will cover pediatric first aid, household safety, and fundamentals of childcare. The fee will include a course manual and program materials. Instructor: Tresa Radermacher

Ages: 11-14 years old

Day: Saturday, 9am-1pm

Dates: January 27, April 27

Fees: \$40 R/ \$44 NR **Code:** 348038

Register by: 2 days prior to class

Note: Please bring water and a snack

Lincoln's Little Learners Preschool

Classes are structured to teach proper school behavior. Children are to bring a healthy snack & drink to each class, along with a backpack to carry home class projects. Students must be fully potty trained and able to leave parent for the full 2 hours. They will work on sharing, learning ABCs, shapes, numbers & colors, and cutting with scissors, making crafts, working on listening skills & attention span while listening to stories. Register a week prior to start date / before class fills.

Morning, Age 3/4 (Must be 3 by 8/1/23)

Days: Tues./Thurs., 8:45 – 10:45am

Dates: Jan. 10 - May 11 (off 3/26-3/28)

Fee: \$360 R/\$375 NR

Code: 348004 Min. 7/Max. 15

Afternoon, Age 3/4 (Must be 3 by 8/1)

Days: Tues./Thurs., 12 - 2pm

Dates: Jan. 10 - May 11 (off 3/26-3/28)

Fee: \$360 R/\$375 NR

Code: 348003 Min. 7/Max. 15

Morning, Age 4/5

Days: Mon./Wed./Fri., 8:45-10:45am

Dates: Jan. 9-May 12 (off 1/15, 2/16,
2/19, 3/25-4/1)

Fee: \$415 R/\$445 NR

Code: 348001 Min. 9/Max. 18

Afternoon, Age 4/5

Days: Mon./Wed./Fri., 12 - 2pm

Dates: Jan. 9-May 12 (off 1/15, 2/16,
2/19, 3/25-4/1)

Fee: \$415 R/\$445 NR

Code: 348002 Min. 9/Max. 18

Preschool payment plan available!

Payments are taken out on the 5th of Feb./Mar./Apr. Voided check required.

Age 3/4: \$75 down and
\$95 x 3 mo. R/ \$100 x 3 mo. NR

Age 4/5: \$100 down and
\$105 x 3 mo. R/ \$115 x 3 mo. NR

Highland Dance Academy

Thursdays: March 7-June 13 (off 3/28)

Hip-Hop (age 7-9) 4-4:45pm. A fun, high energy class. Learn street / commercial dance moves to great music.

Tap & Musical Theatre (age 8+) 4:45-5:45pm. Focuses on stage movement and offers opportunities for miming, acting, and stage performance. Singing not required. Tap will start from the basics.

Fridays: March 8-June 14 (off 3/29)

Ballet/Jazz 4 (ages 10+*) 4-5pm

Introduces Barre work & preparation for turns and leaps. *10 year olds must have taken Ballet in 2023 to join.

Lyrical/Contemporary (ages 10+) 5-6pm
Focuses on rhythm, strength, technique, placement, and free flowing movement.

Saturdays: March 9-June 15 (3/30)

Pre-Ballet/Jazz 1 (ages 4-5) 9:15-9:55am
Min. 4/Max. 10

Ballet/Jazz 1 (ages 5*-6) 10-10:45am
Min. 4/Max. 12

Ballet/Jazz 2 (ages 7-8) 10:50-11:35am

Ballet/Jazz 3 (ages 9-10) 11:40a-12:40p
These classes focus on the basics: proper placement, posture, steps and technique. Students progress at their own pace. *5 year olds must have taken Ballet in 2023.

Instructor: Louise Boyd

Location: Lincoln Center Aerobics Studio

Fee: 40 min. classes: \$130 R/\$145 NR
45 min. classes: \$140 R/\$155 NR
1 hour classes: \$150 R/\$165 NR

Code: 240002-13 Min. 4/Max 15

Register by: March 1

Attire: **Ballet:** black leotard, pink ballet tights, and ballet shoes

Jazz/Musical Theater: Dance clothes and tan jazz shoes

Tap: Dance clothes / black tap shoes

Hip Hop: Dance clothes & sneakers

Hair must be up and off face. Bring water. Must be potty trained. Visit Facebook @highlandacademyofdance, where guidelines and costumes will be posted.

Costume: \$60/girl, \$30/boy

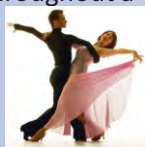
Showcase: Fri., June 21, 6:30pm

Note: Each class will perform 2 dances!



Ballroom Dancing

Move your body with rhythm and grace to all kinds of music. Learn various dance styles and routines. Smooth or leather soled shoes recommended (no gym shoes). Partners may rotate throughout a lesson. Instructor: Charlie C.



Ages: 16 & up

Day: Mondays for 8 weeks

Time: 6-7pm beginners, 7-8pm int/adv

Sessions: January 8-February 26,
March 11-April 29

Fee: Singles: \$53 R/\$58 NR
Couples: \$100 R/\$105 NR

Code: 313001 (Beginner)
313002 (Int./Adv.)

Min. 6/Max. 20. Register 1 week in adv.

Piano Lessons

Learn how to play an electronic piano keyboard quickly and at a low cost! Read music, play songs, learn hand positioning and basic chording. Instructor: Tom S.



Ages: 8 & up

Day: Tuesdays for 8 weeks

Time: 5:30-6:30pm (beginners)
6:30-7:30pm (int./advanced)

Sessions: Jan. 9-Feb. 27, March 12-Apr. 30

Fee: \$90 R/\$95 NR

Code: 349008 Min. 3/Max. 10

Materials fee: \$12 for music book and \$3 per week to rent a keyboard if you do not have one (max. 8), paid directly to instructor. Register one in advance.

Toddlers in Tutus

Join us for a magical day filled with giggles, twirls, and endless fun! This whimsical celebration is designed for our little princesses ready to embrace a world of tutus, tiaras, and tiptoe twirls! Our class will enchant your little ones as they learn a precious dance routine fit for tiny ballerinas, led by our experienced dancers from the Highland Dance Academy. We will have a tea party and provide light Hors d'oeuvres & juice and each child will receive a tutu. One parent/guardian is required to stay.

Ages: 2-5

Date: Friday, February 9 from 5-6pm

Fee: \$20 R/\$25 NR (includes price of one parent/guardian)

Code: 240001 Min. 10/Max 40

Register by: February 2

Rock & Roll for the Tiny Soul

A great introduction to music for you and your child and a great opportunity for your littles to interact with other children their age! We focus on singing, lap bounces, finger plays, and simple instrument play with rhythm sticks, shakers, and drums. We will also have tons of movement, bouncy balls, bubbles, and parachute time! All music will be developmentally appropriate to support child's development. Please, only one parent or caregiver to attend, per child. Instructor: Miss Caitlin with HGS Music.

Ages: Newborn-4 years with care giver

Day: Wednesdays, 9:45-10:30am

Sessions: January 24-February 28
April 3-May 8

Fee: \$100 R/\$105 NR

Code: 348011 Min.4/Max.15

Register by: 3 days prior to session start



Young Rembrandts Elementary Drawing

Our curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We give students the skills to express their creativity and believe that all children can and should learn to draw. You'll see increased art abilities, learning skills, self-confidence and self-esteem.

Ages: 6-12

Days: Fridays, 5:30-6:30m

Sessions: January 12-February 2
Feb. 9-March 8 (off 2/16)
March 15-April 12 (off 3/29)
April 19-May 10

Fee: \$52 R/\$57 NR

Code: 348035 Min. 5/Max. 16



Mommy & Me Paint Night

Any parent/guardian or special adult in your child's life can enjoy a fun night of painting a 16x20 canvas together.

Ages: 8 & older

Date: Monday, February 26, 6-8pm

Fee: \$45 R/\$50 NR per couple
\$22.50 R/\$25 NR add'l daughter

Code: 550010

Register by: February 22



Canvas Paint Workshops

Our trained Instructor, Chris Hnatusko, will lead you step by step through painting your own 16x20 canvas. A fun, no stress class and no experience is required! Register two days in advance.

Junior (ages 5-12)

Day: Thursdays, 5-6:30pm

Dates: January 11 - Happy Penguin
February 1 - Valentine Succulent
Mar. 14 - Easter Bunny on Swing
April 11 - Goofy Frog
May 2 - Summer Shark

Fee: \$22 R/\$26 NR

Code: 348025 Min. 4/Max. 20



Canvas (ages 13+)

Day: Thursdays, 6:30-8:30pm

Dates: January 18 - Snowy Cabin
February 8 - Pink Moonlight
Mar. 21 - Umbrella with Flowers
April 18 - Spring Bike
May 9 - Summer Truck

Fee: \$27 R/\$32 NR

Code: 349003 Min. 4/Max. 20



Cake Decorating

Join us as Jaaleon, from JaaCakes, teaches the fundamentals of decorating cakes using buttercream frosting. Participants will get a step by step guide from an award-winning baker/cake decorator. You will leave class with a decorated cake. No experience needed. Min. 10/Max. 25

Ages: 12 & older

Day: Fridays 6-8p.m.

Dates: January 26 - Winter Wonderland
February 23 - St. Patrick's Day
March 29 - Easter
April 26 - Spring

Location: Lincoln Center, Banquet Hall

Fee: \$45 R/\$50 NR

Register by: 5 days prior

Code: 349015

Intro to Acting

Dream of being on the stage or in movies but don't know where to start? This class will teach the basics of acting including; teamwork, improvisation, memorization, how to find and prepare for auditions, and character development. Be prepared to put yourself out there, build confidence, and have fun!

Ages/Time: 12-17 / 10-11am
18 & up / 11am-12pm

Dates: Saturdays, February 3-March 2

Fee: \$50 R/\$55 NR

Code: 510003 Min. 6/Max. 20

Register by: January 29



Ria Trufant
219-838-0858

8636 Kennedy Ave., Highland

Foreign Language Classes **via Zoom**

Have you wanted to learn a foreign language but never had an opportunity? Now is the time! Classes taught live by a Language in Action, Inc. instructor! Zoom login emailed to students prior to first class. New material covered in each session.



Spanish: Kids age 7-11

Expand your child's world! In this interactive class, children are immersed in the Spanish language through fun and engaging activities.

Day: Thursdays for six weeks

Time: 6:15-7pm

Sessions: January 18-February 22

February 29-April 4

April 11-May 16

Fee: \$78 R/\$83 NR

Code: 348006

Spanish: Kids age 11-13

Younger children will learn conversational Spanish through fun and interactive activities and music while older children will also learn some Spanish phonetics to begin reading and writing in Spanish.

Day: Tuesdays for six weeks

Time: 5:30-6:15pm

Sessions: January 16-February 20

February 27-April 2

April 9-May 14

Fee: \$78 R/\$83 NR

Code: 348006

Spanish: Adults age 18+

In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics that you can immediately use. Class is tailored to the needs of the students.

Day: Wednesdays for six weeks

Time: 6-7pm

Sessions: January 17-February 21

February 28-April 3

April 10-May 15

Fee: \$78 R/\$83 NR

Code: 349016

I Speak French

Day: Mondays for 6 weeks

Time: Age 7-11 - 5-5:45pm

Age 18 & older - 6-7pm

Sessions: January 22-March 4 (off 2/19)

March 11-April 15

April 22-June 3 (off 5/27)

Fee: \$78 R/\$83 NR

Code: 348006 (youth), 349016 (adult)

I Speak Italian

Day: Wednesdays for 6 weeks

Time: Age 7-11 - 6-6:45pm

Adults 18 & older - 7-8pm

Sessions: January 17-February 21

February 28-April 3

April 10-May 15

Fee: \$78 R/\$83 NR

Code: 348006 (youth), 349016 (adult)

Learn to Sign ASL - American Sign Language

Interested in learning the basics of ASL or communicating with your young child through signing? Join us from the comfort of your living room as you learn to sign in a fun, interactive and lively environment.

Day: Wednesdays

Time: 5:45pm (Kids ages 7-11)

6-6:45pm (Youth ages 12-17)

7-8pm (Adult ages 18 & up)

Sessions: January 17-February 21, Feb.

28-April 3, April 10-May 15

Fee: \$78 R/\$83 NR Min. 1

Code: 348006 (youth), 349016 (adult)

Winter Wonderdance

We will dance the night away in our winter wonderland! Join us for games, pizza, snacks & more.

Ages: 11-13 (grades 6-8)

Day: Sunday, January 21, 5-8pm

Location: Lincoln Center Fieldhouse

Fee: \$15

Code: 550001

Register by: Sunday, January 14

Min.: 60. Note: this is for residents or Highland students only. No exit prior to end of event. Behavior issues will result in a call home, ejection without refund, and a ban from future events.



NERF Wars

Players will compete in teams for a capture the flag type tournament. Please bring (1) Nerf gun and Nerf N Strike foam darts. We will provide required protective eye wear. Foam darts only!

Dates: Friday, Feb. 23, 6-8pm (ages 9-12)

Friday, Mar. 15, 6-8pm (ages 6-8)

Fee: \$17 R/\$19 NR

Register by: day of or max is reached

Code: 550114

Max. 12



Soccer Shots

Engaging with a focus on character development. Our caring team impacts lives on and off the field through best-in class coaching, curriculum, and communication.

Indoor - Lincoln Center Banquet Hall

Saturdays: January 13-March 16

Premier (age 5-8): 9-9:45am

Classic (age 3-5): 9-9:30 or 10:45-11:15

Mini (age 2-3): 10-10:30am

Outdoor - field outside Lincoln Center

Wednesday evenings: April 10-May 29

Mini (age 2-early 3): 4:45-5:15pm

Classic (age 3-5): 4:45-5:15 or 5:30-6:05

Premier (age 5-8): 5:30-6:05pm

Saturday mornings: April 13-June 1

Classic (age 3-5): 9-9:30 or 10:45-11:15

Premier (age 5-8): 9-9:45am

Mini (ages 2-early 3): 10-10:30am

Fee: \$170 (indoor 10 week session)
\$128 (outdoor 8 week session)
\$20 annual enrollment fee
includes Soccer Shots jersey

Enroll only at:

soccershots.org/northwestindiana

Min. 4/Max. 12 per class

Biddy Bowling

A non-instructional 5 week bumper bowling program for boys and girls.

Ages: 4-11

Day: Saturday, 12-1pm

Dates: February 10-March 9

Location: Plaza Lanes (8101 Kennedy Ave.)

Fee: \$38 R/\$41 NR

Code: 150001 Min. 6/Max. 25

Register by: Feb. 9 at Lincoln Center



Middle School Basketball League

Format determined by registration numbers. Teams chosen through a player draft with the coaches. Everyone receives a team t-shirt. First place team awarded t-shirts. Grades 6-8.

Assessment: Mar. 13, 6pm, draft 7pm

Practices: Coach picks weeknight, beginning March 18

Games: Wednesdays evenings, April 3 - June 5

Fee: \$60 R/\$66 NR

Register by: March 12

Code: 133002



Skateboarding Camp

Learn the fundamentals or elevate your riding with group instruction from nationally ranked competitive riders while making new friends. Anyone with a skateboard is welcome! Build proficiency in balance, pushing and riding, agility, ollies, and use of park obstacles.

Ages: 4 & up

Day: Monday-Friday, 10am-1pm

Dates: March 25-29 (Spring Break)

Location: Sheppard Skate Park

Fee: \$90 R/\$105 NR (includes lunch)

Code: 348017 Min. 5/Max. 30

Register by: Day prior to session

Epic United Volleyball Camp (grades K-8)

It is our goal to help spread the love of volleyball throughout the community. All of our youth programs are designed to shrink the game of volleyball to the child's size, using lighter balls and lower nets.

This allows boys and girls to learn proper technique and love the game without getting frustrated. Youngsters develop athletic skills through volleyball that will enhance their ability to play all sports.

Days: Fridays

Times: K-2nd Grade - 5-6pm

3rd-5th Grade - 5-6:30pm

6th-8th Grade - 6-7:30pm

Sessions: January 19- February 9

February 23-March 22

April 5-May 10 (off 4/19 & 4/26)

Fee: K-2nd - \$45R/\$50NR

3rd-8th - \$75R/\$80NR

Code: 348037



Adult Softball (age 18+)

League format will depend on number of teams in division. Top teams receive cash (check) prizes. Roster capped at 20.

A 50% deposit is required to reserve spot.

Registration: March 1-April 15 or when league fills

Season Begins: April 28

Time: 6:30-10:30pm weekdays

5:30-9:30pm Sundays

(Co-Rec Sun. 1:30-5:30)

Season: 14 games plus tourney

Co-Rec Double Headers: Sun./Mon.

Men's DH: Sun./Mon./Wed./Thurs.

Men's Single Games: Tuesdays

Fee: \$730/team (min. 14 games + tourney)

Note: Each team will be given 1 new game ball at the start of each game. It is the responsibility of the hitting team to retrieve a ball hit out of play. Hitting team must provide their own ball to replace any ball hit out of play and unretrievable (must be ASA/USA stamped 300lb., 52 COR.) The next batter will be declared out if ball is not provided. Contact us about field rental for practice time.

Programs meet at Lincoln Community Center unless otherwise noted.

Register at Lincoln Center office or highlandparks.org (past customers) unless otherwise noted.

Youth Sports - 7

Self Defense

Improve balance, control, hand-eye coordination, self-confidence, and teamwork to help prepare you for armed or unarmed attacks. Students practice blocks, kicks, punches, falls, and rolls.

Days: Mondays & Wednesdays plus open mat time on Thurs., 4-9pm

Dates: Monthly sessions: Jan. 8-31, Feb. 5-28, Mar. 4-27, Apr. 1-29

Registration required at park office

PRIOR to participation

Location: Lincoln Center, Room 108/109

Instructor: American Warrior Arts, Lucas D.

Ninja Cubs (ages 3-5)

Time: 4-4:45pm

Fee: \$50 R/ \$55 NR (per month) or \$120 R/ \$129 NR (3 months)

Sibling: \$45 R/ \$50 NR (per month) or \$105 R/ \$117 NR (3 months)

Code: 348026 Max. 20

Lil' Ninjas (ages 6-8)

Time: 5-5:45pm

Fee: \$50 R/ \$55 NR (per month) or \$120 R/ \$129 NR (3 months)

Sibling: \$45 R/ \$50 NR (per month) or \$105 R/ \$117 NR (3 months)

Code: 348005 Max. 36

Youth Hapkido (ages 9-13)

Time: 6-7pm

Fee: \$70 R/ \$75 NR (per month) or \$180 R/ \$189 NR (3 months)

Sibling: \$65 R/ \$70 NR (per month) or \$165 R/ \$174 NR (3 months)

Code: 348010 Max. 36

Adult Hapkido (ages 14+)

Time: 7-8pm

Fee: \$70 R/ \$75 NR (per month) or \$180 R/ \$189 NR (3 months)

2nd household member:

\$65 R/ \$70 NR (per month) or \$165 R/ \$174 NR (3 months)

Code: 300024 Max. 36

Instructor Training

Must be a current student of AWA with a rank of green belt or higher with instructor approval (ages 10+). Two Tuesdays from 5-6:30pm: \$25

Personal/Partner

Self Defense Training

Available M/W 8-9pm, Tu/F 4-9pm

Fee: \$30/1 session, \$84/3 pack, \$150/6 pack

Partners: \$20/person, \$54/3 pack, \$90/6 pack

Pay in office and schedule individualized training with instructor Lucas.

Parents Night Out

Better than a babysitter! (ages 6-14)

Enjoy a night "off" while our trained martial arts instructors wear out your kids! Participants will have a blast, make new friends and burn lots of energy. Pizza & water/juice included. Monthly themes.

Day: Fridays, 5-9pm

Dates: Jan. 19, Feb. 16, Mar. 15, Apr. 19

Fee: \$45 R/ \$48 NR (siblings half off)

Code: 348020 Max. 36

Self Defense Seminars

Hands-on self-defense techniques, strategies, and tips for staying safe. Learn to escape attacks and build confidence.

Day: Saturdays, 10am-1pm

Dates: Jan. 20 - New Year New You (free)
Feb. 17 - Gift of Safety Women's
Mar. 16 - Gift of Safety Women's II
Apr. 20 - Ninop Taijutsu Basics

Fee: \$35 R/ \$39 NR

Code: 349002 Max. 36

Ninja Camp (ages 5-13)

Build strength, agility, and self-confidence...while having a blast!

Days: March 25-29 and April 1

Time: Morning camp 9am-12pm or
Afternoon camp 12:30-3:30pm

Full Day: \$60 R/ \$65 NR (daily) or
\$250 R/ \$270 NR (all 6 days)

Half Day: \$30 R/ \$33 NR (daily) or
\$125 R/ \$137 NR (all 6 days)

Sibling: 50% discount

Code: 348024 Min. 6/Max. 35

Co-Rec Volleyball

Teams will play in a 10-week season. Format dependant on number of teams (5 or 6 games/week). Rally scoring is used.

Ages: 18 & up (and not participating in high school sports)

Spring: Rec-Level - Wednesdays:

March 6-May 8

Competitive - Thursdays:

March 7-May 9

Times: Game start times varied, 6-9pm

Fee: \$330 per team **Code:** 170001

Register by: one week in advance or when league fills (max 12)



Open Volleyball

Court space reserved for unstructured open volleyball play.

Ages: 13 & up

Day: Mondays, 6-9:30pm

Fee: \$6 per visit or \$72 for 18-visit punch card

Note: Check weekly fieldhouse schedule before coming.

Open Table Tennis

Participants are welcome to drop in and play other competitors in one of the largest racket sports in the world.

Ages: All (under 11 must be w/ adult)

Day: Mon./Wed., 5-9:30pm

Fee: \$6 per visit or
\$72 for 18-visit punch card

Mixed Ladder Pickleball

Compete against other players to move up and down the ladder each week

Day: Mondays Beginners 6:30pm
Intermediate/Advanced 8:30

Season: March 11- April 28

Fee: \$48/\$52

Code: 349017 Max. 8/division

Learn Pickleball

Combining tennis, badminton, and table tennis, Pickleball is a low impact workout for all ages. Taught by an experienced instructor, you will learn the rules, skills, scoring, and more.

Day: Tuesdays, 5-6:30pm for 4 weeks

Dates: January 9-30, February 27-March 19, April 9-30

Fees: \$30 R/ \$33 NR **Code:** 349017

Note: this program is for first-time attendees only.

Advanced Pickleball

For those who have completed the beginner class. Work on drills and serving. Open play at end of class. Instructor: Jan K

Day: Tuesdays, 10-11:30am

Dates: January 9-30, March 5-26, April 9-30

Fees: \$30 R/ \$33 NR

Code: 349017 Min. 8/Max. 20



Pickleball Net Rentals

Lincoln Community Center pickleball nets may be rented for private play, pending schedule (8 days notice may be required).

No weeknight rentals November through March.

Fee: \$21/hour per net

Open Pickleball

Participants are welcome to drop in and play other competitors in one of the fastest growing sports in the world. Please check weekly fieldhouse schedule before coming.

Ages: 15 & up

Days: Mondays/Wednesdays/Fridays 10am-1pm,

Tuesdays, 6:30-9:30pm,

Fridays, 5:30-8:30pm,

Saturdays & Sundays, 3-6pm

Fee: \$6 drop-in or \$72 for 18-visit punch card

Benefits in Munster

Highland residents receive access to the following Munster amenities at the resident rate!

For more info, call Munster Parks & Rec. at 219-836-7275

Dog Park Located at Centennial Park

This 3-acre fenced-in park is for members only, offering dog-sized drinking fountains, a dog playground, and waste bags available. Proof of immunization must be submitted for all dogs before a pass is issued. There is a three-dog limit. A lanyard and ID card will be issued and must be worn at all times when using the park. This is an annual membership beginning on date of purchase. To be considered a "resident," one must possess a current driver's license showing Highland/Munster residency. No exceptions.

	<u>Resident</u>	<u>Non-Resident</u>
First Dog	\$45	\$120
Second Dog	\$25	\$35
Third Dog	\$25	\$25

Golf Lessons Centennial Park Driving Range

Includes the basic principles of grip, stance, swing, chipping, and putting. Students will learn procedures, terminology, rules, and etiquette while receiving individualized attention. Call the Pro Shop for weather updates at (219) 836-6931.

Six Week Spring Lessons begin 4/15

Youth, Ages 6-17

Tuesdays, 4:30-5:30pm

\$100/Res., \$110/Non-Res.

Ladies, Ages 18+

Mondays, 4-5pm

Mens, Ages 18+

Mondays, 5-6pm

\$110/Res., \$120/Non-Res.

Please make check payable to Caleb Warner.

Register at Centennial Park Pro Shop.

Munster Community Pool

Purchase or renew your season passes at the discounted "Early Bird" rate through May 10. Pool opens Saturday, May 25. Season passes are only available for purchase at the Munster Town Hall or Munster Community Pool. To be considered a "resident," one must possess a current driver's license with Highland/Munster residency. No exceptions.

<u>Pass Type</u>	<u>Early Bird Resident</u>	<u>After 5/10 Resident</u>	<u>Early Bird Non-Res.</u>	<u>After 5/10 Non-Res.</u>
Individual	\$85	\$100	\$135	\$150
2-person	\$150	\$170	\$205	\$220
3-person	\$200	\$230	\$265	\$280
4-person	\$235	\$270	\$310	\$325
Each additional	\$35	\$40	\$45	\$50
Childcare prov.	\$55	\$80	\$70	\$85
Ages 2 & under	FREE	FREE	FREE	FREE

Pay-to-Park Information

Centennial Park has established a pay-to-park system enforced April 1 through October 31. Included with your dog park membership is a calendar year parking permit for one vehicle – registered by license plate. Otherwise, pay-to-park rates are \$2/hour or \$5/day.



Community Band Concerts

This band of volunteers is open to anyone from the area and is high school age or older. Rehearsals are held during the school year at the HHS band room from 7-8:45pm on Wednesdays under the direction of Greg Jasek. To join, email Greg at maestroflute@att.net.

Day: Thursdays, 7-9pm
Date: March 21, HHS Monbeck Auditorium
Date: May 30, Main Square Park



Breakfast with Easter Bunny

Date: Saturday, March 16
Location: Highland HS Cafeteria
Tickets sold in advance at the Lincoln Center and Chamber office. Call: 923-3666 for more info.



Restaurant Crawl

Held the last Tuesday of every month from 4-8pm. Several downtown restaurants offer one-night specials. Hosted by Highland Main Street. Contact Redevelopment office at 219-972-7598.

Council of Community Events

Appointed by the Town Council and responsible for operation of the various events. Public meetings are held the first Wednesday of the month, 6pm at Town Hall. Volunteers welcome! To be include, email us at highlandcce@highland.in.gov.

Community-wide Yard Sales
May 18-19 and August 26-27

Summer Concerts

Save the date for our summer concert series! Band Line up will be posted in summer brochure.

Day: Wednesdays, 7-9pm
Dates: June 6, June 26, July 10, July 24
August 14, August 28
Location: Main Square Park



Summer Theater Performances

Our outdoor theater production will be held July 25-27 and August 1-3 at Main Square Park. Auditions will be held on April 21-22. Call Eric at 219-838-0114 for more information.



Movies in the Park

The big screen in our backyard on Fridays May 31 and July 12! Movies begin at dusk (usually around 8 to 8:30pm) at Main Square Park and are open to all ages. Please bring your own lawn chairs or blankets for seating and snack under the stars (concessions available). In the event of inclement weather, movie will be shown at Lincoln Center (still bring chair). Check back in the summer brochure for movie titles.



Summer Camp

Join us for games, crafts, songs, sports activities, field trips, and more! Open to children ages 5-12 (must have completed kindergarten). Max. 50 campers.

Dates: May 28-August 2
Days: Monday - Friday
Times: 8:30am - 5pm
Pre-Care: 7 - 8:30am
Location: Lincoln Center
Check back in the summer brochure for fees and more information on field trips



CSRI Events



Recreational opportunities for individuals of all ages and who have special needs & abilities
Check out the full calendar of events at
www.facebook.com/csrinwi

CSRI Skate First Sundays, Dec. thru March

Crown Point PACE Dept. will host these all-inclusive ice skating opportunities from 11am-12pm at Bulldog Park (183 S. West St.) Please visit Facebook at CityofCrownPointIN.

Winter Wonderland Indoor Carnival & Wellness Expo! Sunday, January 21

Highland Parks & Rec. will host this FREE event from 1-3pm at the Lincoln Community Center Banquet Hall. We'll have a bounce castle, games, activities, & wellness vendors! (219) 838-0114.

Egg Hunt Saturday, March 23

Munster Parks & Rec. will host games and prizes at Community Park Softball Fields (8601 Calumet Ave.) at 9am. Fee is \$3 in advance, \$5 on site. (219) 836-7275.

Open Gym Wednesdays, April 3-June 5

Munster Parks & Rec. will host basketball at South Side Christian Church (1000 Broadmoor Ave.) from 6-7pm. Parents are encouraged to stay and help. Fee is \$25/person. (219) 836-7275.

BINGO! Thursday, April 25

Dyer Parks & Rec. will host games and prizes at Dyer Town Hall (One Town Square) from 5:30-6:30pm. Fee is \$5 per player. Please register in advance. (219) 865-2505.

Painting Series Mondays, Feb. 12 & Apr. 15

Join Schererville Parks & Rec. for cookie decorating and painting masterpieces at the community center (500 East Joliet St.) from 4:30-5:30pm. Fee is \$10 per painter. (219) 865-5530

Bus Trips



Call/email Alyce at 219-838-0114 / avandrunen@highland.in.gov for more information and to check vacancy. **\$75 deposit required up-front and will be accepted January 2-16.** Overnight trips depart from the Lincoln Community Center via spacious, video and restroom equipped motor coach. Refunds not granted unless a replacement is available to take spot (\$3 processing fee applies). Individual medical insurance not provided. Travelers responsible for their own insurance.

Myrtle Beach, SC: April 14-20, \$930/dbl occ., \$1,094/single (7 days/6 nights- 10 meals: 6 breakfasts, 4 dinners)

Experience the magical combination of oceanside beauty and show excitement. The Alabama Theater combines extraordinary performers and stunning production. Enjoy the "Carolina Opry" show. Be entertained by the "Legends in Concert" show, featuring tributes of today and yesterday's musical legends. Visit the L.W. Paul Living History Farm and Myrtle Beach Boardwalk and Promenade.

New Orleans: June 23-29, \$934/dbl occ., \$1,114/single (7 days/6 nights- 10 meals: 6 breakfasts, 4 dinners)

Lively French infused culture awaits you! Experience a guided tour which takes them to the most memorable sights, and enjoy some free time to stroll the world famous historic French Quarter. Also included is a tour of a Louisiana plantation, and a beautiful riverboat cruise on the Mississippi River. Visit the new National World War II Museum, including a 4D cinematic experience on a 120 foot screen. Gaming at Harrah's casino is also available for those who wish.

Ark Encounter: August 26-30 \$754/dbl occ., \$858/single (5 days/4 Nights- 8 meals: 4 breakfasts, 4 dinners)

Go inside a life-size recreation of Noah's Ark, built to the specifications in the Bible! See jaw-dropping exhibits inside the Ark and experience pages of the Bible like never before. Visit the Creation Museum - prepare to believe as you are inspired by state-of-the-art exhibits and stunning gardens. Experience the past in a whole new way, with new adventure at every turn, in the Cincinnati Museum. Finally, enjoy a sightseeing cruise on the Ohio River, to make this bus trip to The Ark Encounter and Cincinnati complete!

Boston, Salem & Cape Ann: Oct. 9-15 \$1,030/dbl occ., \$1,248/single (7 days/6 nights-6 breakfast, 4 dinners)

A rich tour of the historical city of Boston combined with the beauty of the Atlantic coast. Package includes the John F. Kennedy Presidential Library and Museum and shopping at famous Quincy Market and Faneuil Hall. Enjoy guided tours of Boston, featuring a visit to Cambridge (home of Harvard University), Lexington and Concord (birthplace of the American Revolution), and Salem / Cape Ann.

Programs meet at Lincoln Community Center unless otherwise noted.
Register for trips at Lincoln Community Center office.

Trips/CSRI - 11

Fitness Center

Hours:

- Monday - Friday: 5am-10pm. Sat & Sun: 7am-7pm

Amenities:

- A variety of cardio & strength equipment.
Treadmills, ellipticals, bikes, StairMasters, NuSteps, Concept2 Rowers, a handbike, and free weights
- Lockers & showers available
- New member equipment orientations Thursdays, 11am

**Join for
\$20/month!***

**Based on Highland/Munster residency, standard individual annual membership on auto-debit.*

Individual Memberships (Resident/Non-Resident)					
Category	Daily	1 Month	3 Months	6 Months	1 Year
Standard Adult	\$8/\$12	\$50/\$70	\$108/\$151	\$162/\$226	\$240/\$336
Student/65+	\$6/\$9	\$44/\$61	\$95/\$132	\$142/\$198	\$210/\$294
Active Mil. / Vet. (Res. Only)	\$6	\$37.50	\$81	\$121.50	\$180

Family Packages (Resident/Non-Resident)			
Category	Head of Household	2nd HH Member	3rd or More HH Member
Standard	\$240/\$336	\$180/\$252	\$120/\$168
Student/65+/Active Military		\$120/\$168	

To be considered a "resident," one must possess a current/valid state-issued photo ID showing Highland, IN or Munster, IN residency. Bills or other pieces of mail will not be accepted as identification. Annual memberships (including household packages) are eligible for ACH installment billing from a checking account. A voided check must be provided along the first month's fees at time of registration. The remaining balance will be divided up in monthly installments over the duration of the term. After one year, the membership(s) may be cancelled with 30 day written notice. No transfers or early termination unless proof of change in residency 30+ miles from the Lincoln Center. Minimum age is 14. Active Mil/Vet. discount category applies to Highland residents only. Must present DD-214 card, VA card, or current military ID at time of registration. Those whose discharge was less than honorable are not eligible. Active military (res. or non-res.) are eligible for free 14 day pass when home on leave (once every six months).



Commit to fitness with a personal trainer!

Members are entitled to one complimentary assessment. Schedule yours today!

New Client Special *(Limit one per person)*

3 individual sessions: **\$114** or 3 partner sessions: **\$85/person**



Lisa Blocker
NASM



Ben Blonn
NSCA, CSCS



Chrissy Addison
NSCA-CPT

Sessions expire if not used within 1 year.

Sessions require appointment made a minimum of 24 hours in advance, based on trainer availability.

For 12-packs and greater, client may put \$100 down and remaining balance paid over the next three months via EFT installment billing.

# of 1 hr sessions	Individual member	Partner members	Individual non-member	Partner non-members
1	\$58	\$42 / person	\$64	\$46 / person
6	\$49/session (\$294 total)	\$38/session each (\$228 total/person)	\$54/session (\$324 total)	\$42/session each (\$252 total/person)
12	\$46/session (\$552 total)	\$35/session each (\$420 total/person)	\$51/session (\$612 total)	\$39/session each (\$468 total/person)
24	\$43/session (\$1,032 total)	\$32/session each (\$768 total/person)	\$47/session (\$1,128 total)	\$35/session each (\$840 total/person)
36	\$41/session (\$1,476 total)	\$30/session each (\$1,080 total/person)	\$45/session (\$1,620 total)	\$33/session each (\$1,188 total/person)

Paying Fitness Center members receive 10% discount on most fitness program full session rates
Amount paid for drop-in trial may be applied toward full session fee.
Please wear comfortable gym shoes. Bring a towel and bottle of water.

SilverSneakers Classes

SilverSneakers members must register for pass (no charge) and scan it before class. Non-SS members may enroll for \$21 R/\$24 NR per 6-week session, \$18 R/\$20 NR per 5-week session, \$14 R/\$16 NR per 4-week session. Extra \$3 added for 1-hour BOOM. Instructor: Louise

SilverSneakers Classic

A variety of exercises to increase muscular strength and range of movement for functional daily living.

Day: Mondays, 10:45-11:30am

Sessions: Jan. 8-Feb. 26 (off 1/15, 2/19 - 6 wks)
Mar. 4-Apr. 22 (off 3/25, 4/1 - 6 wks)
April 29-May 20 (4 weeks)

Code: 300034

SilverSneakers BOOM Move

Fun & dance-inspired to improve cardio and coordination.

Day: Tuesdays, 9:30-10:15am

Sessions: Jan. 9-Feb. 13 (6 weeks)
Feb. 20-April 9 (off 2/27, 3/26-6 wks)
April 16-May 21 (off 5/7-5 weeks)

Code: 300041

SilverSneakers Chair Yoga

Poses and meditation to increase flexibility and balance.

Day: Wednesdays, 10:45-11:30am

Sessions: Jan. 10-Feb. 21 (off 2/7 - 6 weeks)
Feb. 28-April 10 (off 3/27 - 6 weeks)
April 17-May 22 (6 weeks)

Code: 300014

SilverSneakers BOOM

Three 20-minute segments: Boom Muscle (strength work), Boom Move it (Dance), and Boom Mind (Yoga/Pilates).

Day: Fridays, 10:30-11:30am

Sessions: Jan. 12-Feb. 9 (5 weeks)
Feb. 23-April 5 (off 3/29 - 6 weeks)
April 12-May 24 (off 4/26 - 6 weeks)

Code: 300015

Renew Active Class

Renew Active members must register for pass (no charge) and scan it before class. Non-RA members must enroll for \$21 R/\$24 NR per 6-week session, \$18 R/\$20 NR per 5-week session. First come first served. Instructor: Louise

Renew Active Aerobics

Designed for seniors but accommodates all ages! Incorporates stretching & strength training.

Day: Fridays, 9:30-10:15am

Sessions: Jan. 12-Feb. 9 (5 weeks)
Feb. 23-April 5 (off 3/29 - 6 weeks)
April 12-May 24 (off 4/26 - 6 weeks)

Code: 300002



Group Cycling

This class is great for beginners as well as intermediate cyclists looking to get a fun workout in. It's a great way to get the day started! Instructor: Dean S.

Ages: 14 & up

Day: Mondays, 5:45-6:30am

Sessions: Jan. 8-29, Feb. 5-26, Mar. 4-25,
Apr. 8-29

Day: Tuesdays, 5:45-6:30am

Sessions: Jan. 9-30, Feb. 6-27, Mar. 5-26,
Apr. 9-30

Day: Fridays, 5:45-6:30am

Sessions: Jan. 5-26, Feb. 2-23, Mar. 1-22,
April 5-26

Fee: \$34 R/\$37 NR
\$10 R/\$11 NR (drop-in. must be paid day prior, during office hrs)

Code: 300040 Min. 6/Max. 9



Tai Chi

Benefits include: improved balance, flexibility, strength, and stress relief. Instructor Jay Harris has been studying martial arts for 35 years and has achieved rank in Goju Ryu, Shorin Ryu, and Yang style Tai Chi. He has been teaching Tai Chi since 2010 and is co-owner of Hobart Karate and Tai Chi.

Ages: 18 & up

Day: Thurs., 5:30-6:30pm (4 weeks)

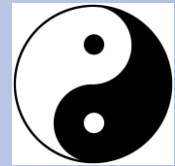
Sessions: January 4-25, February 1-22,
March 7-28, April 4-25

Fee: \$42 R/\$45 NR

Drop-in Trial: \$10 R/\$11 NR

Code: 300021

Register by: 3 days prior to session start



Hatha Yoga

Relaxing exercises which relieve tension and restore good health, breathing techniques for a higher level of vitality, meditation for calmness and clarity of mind. Please bring a mat, water bottle, and towel. Certified instructor: Lynn B.

Ages: 15 & up (see Kids Yoga on pg 3)

Day: Wed., 6:30-7:25pm (6 weeks)

Sessions: January 24-March 6 (off 2/7),
April 17-June 5 (off 5/8 & 5/29)

Fee: \$35 R/\$38 NR

Drop-in Trial: \$10 R/\$11 NR

Code: 300007 Min. 10/Max. 18



Cardio Drumming

Clink drumsticks overhead and on exercise balls to upbeat energizing music. Constant choreographed movements to the beat revs up your heart rate while working your core. Loads of fun, all while working out! Instructor: Gabriela Juarez.

Day: Tuesdays, 6-7pm

Sessions: January 2-23

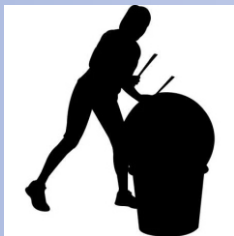
March 19-April 9

April 16-May 7

Fee: \$22 R/\$24 NR

\$9 R/\$10 NR (drop-in)

Code: 300018 Min. 5/Max. 23



High-Low Aerobics

Exercise to the sounds of the 50's-90's with fun & unique cardio building dance style aerobics. Achieve body shaping, flexibility improvement, and muscle toning with hand weights. Instructor: Christine P.

Days: Tues. & Thurs., 6:10-6:55pm

Sessions: January 9-Feb. 15, Feb. 27-Apr. 4

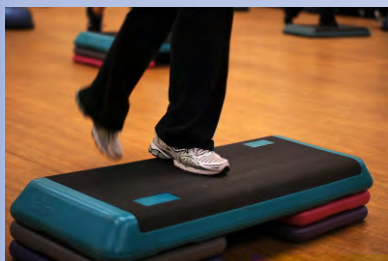
April 16-May 23

Fees: \$48 R/ \$52 NR (2x/week)

\$26 R/ \$28 NR (1x/week)

\$8 R/ \$9 NR (drop-in)

Code: 300005 Min. 11/Max. 35



Group Exercise Flex Pass

By popular demand, this pass allows for flexibility to take a variety of classes on days convenient for you! Passes are available for the classes listed below.

Fee: \$50R/\$55 NR (10 visits/pass) **Code:** 300043

Follow class schedule and updates at the Lincoln Center Fitness Classes Facebook group!

AM Aerobics Hour

A low impact class suited for intermediate and advanced students. Students will be using weights. Instructor: Cheri R.

Day: Mondays and Wednesdays,
9:30-10:25am

Note: This is a new addition to our Flex Pass lineup. Now, students can pick the days they can come!

BodyPump™ LES MILLS by Les Mills

This revolutionary barbell workout challenges all major muscle groups. Tone and define your entire body through squats, presses, lifts, and curls. Determine your level by choosing appropriate weights in this team environment! Instructor: Cheri R.

Days: Mondays, 5-5:55pm
Wednesdays, 5-5:55pm
Saturdays, 8-9am

Tabata H.I.I.T.

High intensity (with modifications as needed) interval training that is highly efficient. Train for cardio and strength with quick bouts of work, followed by brief recovery. Each class is a full body workout with no muscles left behind! Instructor: Sarah B.

Day: Mondays, 5-5:55pm (off 3/25)
Saturdays, 8-9am via Zoom -

Email Lglowacki@highland.in.gov 24 hours in advance for Saturday login info.

Salsation™ (New)

This dance workout converts functional training protocols into innovative dance moves, while focusing on musicality and lyrical expression in a mix of different rhythms and cultures. The format integrates functional body movements into each routine, improving your mobility and stamina and is for all ages and fitness levels. Instructor: April D.

Day: Tuesdays, 7-7:55pm

Body Sculpt

Tone up with weights, resistance bands, exercise balls, & your own body weight! Includes plyometrics with modifications for every level. Instructor: Sarah B.

Day: Wednesdays, 5:30-6:25pm
(off 3/27)

Zumba Fitness™

Ditch the workout and join the party! A high energy Latin dance inspired program. No experience required. Have fun & burn calories! Instructor: Georgina

Day: Wed., 6:35-7:30pm
(off Feb. 21 & 28)



R.I.P.P.E.D.™

Resistance, Intervals, Power, Plyometrics, Endurance, and Diet. This total body program utilizes free weights, resistance bands, and body weight to strengthen your core and other major muscles. Suitable for any fitness level, from beginner to the seasoned athlete! Instructor: Dennis H.

Ages: 18 & up

Day: Saturdays, 9-10am



CPR: Heartsaver AED/First Aid

A video-based, instructor-led course that teaches critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency until EMS arrive. Students receive a course completion card that is valid for two years. Ages 16+. Instructor: Donita S. Min. 5/Max. 10



Day: Tuesdays, 6-9pm
Dates: February 6 and April 2
Fee: \$75
Code: 349014
Register by: 1 week prior to class



Red Cross Blood Drives

If you are at least 18 years of age, weigh a minimum of 110 lbs., and are in good general health, you may be eligible to donate blood. Please bring your donor card or positive ID.

Dates: First Tuesday of the month
Time: 1:30-6:30pm



Transportation

Certain elderly and handicapped person in the greater Hammond area may be eligible for limited basis transportation services. For more information call Dial-A-Ride at 219-932-2530.

HealthChek Labs

Affordable blood work & flu shots! Basic profile includes metabolic/lipid panels and complete blood count

Day: Saturdays, 9-10am
Dates: April 13, July 13, August 10
Location: Lincoln Community Center
Note: Please call 219-322-7041 to schedule your appointment. Fasting recommended. Drink plenty of water and take medications as directed.



Interactive Skin Care Experience

Join us for this fun and informative class guided by a licensed Esthetician where you can learn how to take better care of your skin in a relaxed and friendly environment. You'll have the opportunity to try different products and food grade ingredients, and learn how to create a personalized skincare routine that suits your unique needs.

Ages: 10 & older
Day: Wednesdays, 6:30-8pm
Dates: February 28 (Skincare Basics)
March 13 (Hydrate & DIY Mask)
April 17 (Exfoliate & DIY Scrub)
Fee: \$52 R/\$55 NR per session date
Code: 349022 Min. 3/Max. 26
Register by: One week in advance.



Senior Socials

Meetings for those age 55 and up consist of bingo, games, great conversation, and guest speakers or entertainment. Call Eric with questions 219-838-0114.

Days: Last Tues. of month, 12-3pm
Dates: Jan. 30, Feb. 27, Mar. 26, Apr. 30
Fee: \$4 R/\$5 NR (includes lunch)
Code: 330005 Max. 75
Register by: 2 days in advance



MahJong

This is a traditional tile game originating from China that has found success as a fun and engaging pastime. Beginners are welcome to play. Learn the basics or master your skills. You will be treated to pizza, coffee and a chance to win a prize

Day: Tuesdays, 12-2pm
Dates: February 20, April 23
Fee: \$11 R/\$13 NR
Code: 330006 Min. 8/Max. 24

Dominos

This is an easy game with simple rules, but the fun is limitless. Lunch will be served around noon. NOTE: Fee includes coffee, soda, lunch, & prizes.

Day: Tuesdays, 12-2pm
Dates: January 23, March 29
Fee: \$11 R/\$13 NR
Code: 330008 Min. 8/Max. 24



Rooms & Halls

The perfect venue for showers, open houses, meetings, banquets, receptions, etc. Advanced notice required, based on set-up and subject to availability. No same day rentals granted. Reservations must be made in person with a valid photo ID. Permit holders must be present during event. No reservations will be accepted over the phone. Rooms require a 3 hour minimum rental. Hours assessed are from time in to time out. No extra free time granted for decorating or clean up. All fees must be paid in full at time of registration. Table/chair set-up is included. See facility permit for complete rules. Sales tax will apply to rental fees.

2024-25 Lincoln Center Rooms		Resident Fees		Non-Res. Fees	
Room/Hall	Max. Occupancy	First 3 hours	Extra Hour	First 3 hours	Extra Hour
Single Classrooms					
112	30	\$66	\$19	\$99	\$28
113	27	\$66	\$19	\$99	\$28
115	29	\$66	\$19	\$99	\$28
116 or 118	31	\$66	\$19	\$99	\$28
108 or 109	39	\$83	\$24	\$125	\$35
Double Classrooms					
113-115	56	\$121	\$33	\$180	\$49
116-118	62	\$133	\$40	\$199	\$60
108-109	78	\$168	\$50	\$251	\$75
Banquet Hall					
North or South Half	128	\$258	\$78	\$386	\$117
Full Hall	256	\$519	\$163	\$779	\$246

Extras:

- Classroom rentals require a \$75 damage deposit*
- Banquet hall rentals require a \$200 damage deposit*
- Portable PA system with microphone rental: \$31
- Portable 40" TV/DVD combo rental: \$21
- AV equipment in banquet hall (projector/mics/sound): \$52
- Kitchen (add-on to banquet hall or north half only): \$55
- Rentals past 10pm (midnight is latest): additional \$100/hour
- Alcohol: only permitted in banquet hall, requires a caterer with proper insurance/permit to serve (ex: Ace Catering), may be subject to board approval, and must be booked a min. of 30 days in advance. Additional \$80/hour for security (4 hour min.)
- For-profit groups charging admission: \$25/hour

*Damage deposit is refunded via check upon a satisfactory facility inspection and approval at regular monthly park board meeting. Deposit may be retained for late fees incurred by going beyond the rented time frame.



Room 109

Fieldhouse

Courts can be rented for volleyball / basketball games and practices. Reservations must be made prior to weekly fieldhouse publication on Wednesdays, pending availability. No weeknight (Mon.-Thurs. 5-10pm) rentals Nov. through March. Full fieldhouse rentals for trade shows and tournaments are approved by the Park Board through a written request to the Superintendent. Sales tax will apply.

2024-25 Court Rental Fees (Basketball or Volleyball)		
State sales tax will be added.		
	Practice	Game (Includes scoreboards)
Resident:	\$43/hour	\$70/hour
Non-res:	\$65/hour	\$105/hour

Open Gym & Walking

Hours: Weekly schedules for the following 7 days are posted on Wednesdays online and in our lobby. Occasionally, programs and rentals preempt open gym/walking. All are welcome to use the track at no charge during posted hours.

Photo ID Policy: Children age 11 and under must have a parent with photo ID sign in on behalf of their child. Guests 12 and older must have their OWN valid photo ID and sign in to gain access to open gym.

During Open Gym (basketball), the following fees apply:

Highland Residents & Active Military: No fee for open gym.
Non-Residents: Age 14 & up: \$15/visit. Under 14: \$9/visit.

Home School Open Gym:

A court will be available 10am-12pm on Tuesdays for home school students to shoot hoops and meet other students. Parent supervision required. Highland residents only!



Banquet Hall North

Shelters

The following shelters have access to restrooms and drinking fountains to make your picnic more enjoyable:

Homestead Park East:	8000 Parrish Ave. (near playground & restrooms - no electric)
Homestead Park West:	8003 - 5th St. (electric available)
Meadows Park:	9400 Southmoor Ave. (electric avail.)
Sheppard Park:	9217 Liable Rd. (no electric)
Markley Park:	9501 Saric Dr. (no electric)

Shelters are on a first-come, first-served basis and can accommodate up to 250 people. Fees cover the placement of picnic tables, trash cans, and clean-up. Reservations require 8-day advance notice. Sales tax will apply.

2024-25 Shelter Rental Rates			
		Resident	Non-Res.
50 people & under:		\$88	\$131
51-100 people:		\$125	\$186
101-150 people:		\$168	\$252
151-200 people:		\$208	\$311
201 or more people:		\$249	\$374

Main Square Gazebo

Located at 3001 Ridge Road, this is a popular site for wedding ceremonies. Decorating and chairs are the responsibility of the permit holder. Electrical service is available upon request. Decorations must be taken down following event. Due to park programs during May through September the following items may be in the park: tents, picnic tables, bleachers, etc. Only the gazebo may be used as part of the facility agreement. The surrounding park not included in rental. Sales tax will apply.

2024-25 Gazebo Ceremony Rates	
Both Highland Residents:	\$76
One Highland Resident:	\$139
Neither Highland Residents:	\$209

* Driver's license must be shown as proof of residency.

Ballfields

Softball fields are available for rent at Sharp Athletic Complex (8071 Kennedy Avenue). Call for availability and pricing.

Facility Cancellations

ENTIRE FIELDHOUSE & SHARP ATHLETIC COMPLEX:

80% refund/credit if cancelled/date changed less than 60 days prior to event. No refund if cancelled within 7 days.

BANQUET HALL & FIELDHOUSE COURT RENTALS:

80% refund/credit if cancelled/date changed/room downsized less than 30 days prior to rental. No refund if cancelled within 7 days.

CLASSROOMS, GAZEBO, PICNIC SHELTERS & TABLES:

50% refund/credit if cancelled/date changed/room downsized less than 30 days prior to rental. No refund if cancelled within 7 days.

All refunds will be charged a \$3 processing fee and paid via check following approval at a regular monthly Park Board meeting. Refund checks will be mailed the Monday following the third Thursday of the month. All refunds must be requested one-week prior to the meeting. Any refund requests past this deadline will not be issued until after the next month's meeting. Absolutely NO CASH refunds will be issued. NO EXCEPTIONS.

Park Donations

Groups and individuals are encouraged to help improve the community by donating benches and trees. A plaque donation will be placed to honor your group or to identify the memorial.

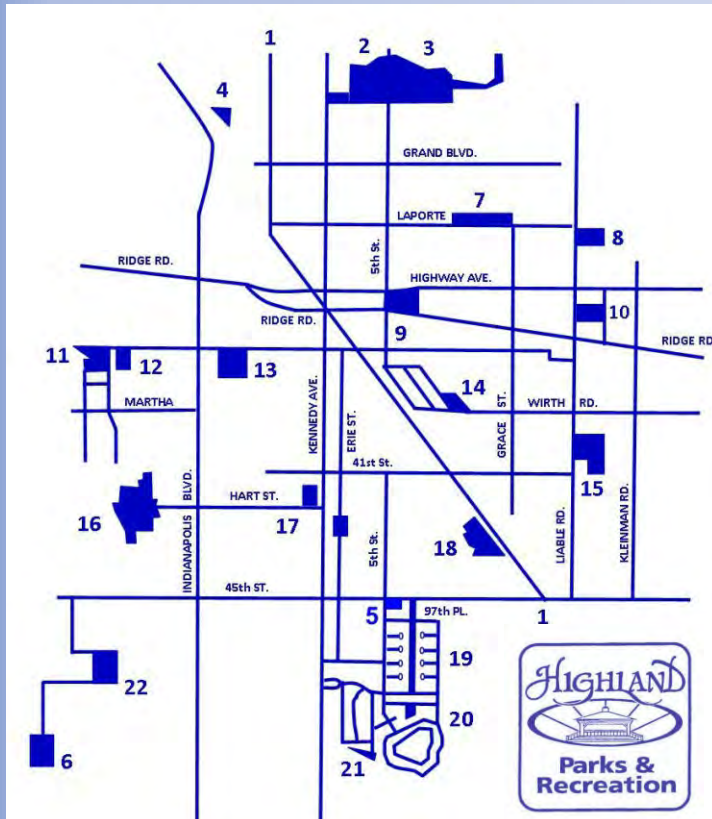
FULL BACK RECYCLED PLASTIC BENCH: \$1,350
TREE: \$250

Erie-Lackawanna Trail

The Erie-Lackawanna Trail in Highland is 4 miles long. The jurisdiction and maintenance of this facility falls under the Highland Parks and Recreation Department. Therefore, park rules must be abided while utilizing the trail. Motorized vehicles are prohibited. However, the trail is acceptable for walking, jogging, biking, and skating. Trail maps are available in the Highland Parks and Recreation office. As of March 2023, this section of the trail features dusk till dawn solar-powered lighting.



Park & Trail Map



Park Policies

The Town of Highland prohibits the following by ordinance in all park areas: advertising, alcohol/drugs, archery, ATV vehicles, camping/sleeping, defacing park property, destruction of landscape, disorderly conduct, dumping/littering, firearms, fireworks, gambling, glass containers, golfing, harassing wildlife, horses, metal detectors, mopeds, motor vehicles, open fires, overnight parking, snow mobiles, soliciting, and swimming.

Pets must be on leash at all times and owners are responsible for picking up waste.

Permit holders have shelter priority.

Baseball is permitted only at Homestead, Markley & Orchard.

Tennis courts are for tennis use only.

Please notify the Park Office at 219-838-0114 for violations of park policies or if you notice a park facility in need of repair.



Amenities

	Administration	Meeting Rooms	Ample Parking	Restrooms	Drinking Fountain	Playground Equip.	Picnic Shelter	Gazebo	Ball Diamond	Tennis Courts	Basketball Courts	Soccer Field	Volleyball Courts	Pickleball Courts	Walking Path	Nature Area	Skate Park
1 Erie-Lackawana Trail					x										x		
2 Sharp Athletic Complex: 8071 Kennedy Ave.			x	x	x	x		x									
3 Homestead Park: 8000 Parrish & 8003 5th St.			x	x	x	x	x	x		x		x		x	x		
4 Northwood Park: 2431 81st St.					x	x		x		x							
5 "45th & 5th St. Park": 3000 45th St.																	
6 White Oak Park: 2020 Briarwood Ln.						x		x						x			
7 Little Turtle Park: 3201 LaPorte St.					x	x				x				x			
8 Toth Park: 3800 LaPorte St.																x	
9 Main Square: 3001 Ridge Rd.			x	x	x	x		x									
10 Orchard Park: 8720 Orchard Dr.					x	x		x		x	x						
11 Brantwood Park: 2030 Lincoln St.					x	x			x	x							
12 Meadows Outlet: 2020 37th Pl.																	
13 Lincoln Community Center: 2450 Lincoln St.	x	x	x	x	x	x				x	x	x		x			
14 Pettit Park: 9040 Cottage Grove Ave.					x	x				x							
15 Sheppard Park: 9217 Liabe Rd.			x	x	x	x	x		x		x	x	x				x
16 Meadows Park: 9400 Southmoor Ave.			x	x	x	x	x		x	x		x	x	x	x	x	
17 Fletcher Park: 2715 Hart Rd.						x											
18 Markley Park: 9501 Saric Dr.			x	x	x	x	x		x								
19 Lakeside Park: 3046 97th Pl.						x			x	x							
20 Jaycee Park: 3040 101st St.						x				x							
21 Lakeside Outlet: 10144 4th Pl.																	
22 Terrace Park: 2220 Terrace Dr.						x											

Registration

Online registration for past customers on certain programs at highlandparks.org. Registration is also accepted during normal hours in-person or via mail at the Lincoln Center Park Office (2450 Lincoln St., Highland, IN 46322). Cash, checks payable to Highland Parks & Recreation, and credit/debit cards are accepted. No phone registrations available.

Registration required one-week in advance for most programs. All area residents are welcome to participate in most HPRD programs (unless otherwise noted). The first fee listed in the brochure is for Highland residents, the second fee listed is for non-residents. All programs and classes are on a first-come, first-served basis. Timely registration is encouraged. Patrons who fail to abide by the HPRD rules may result in cancellation from program with NO refund.

Program Refunds

When a refund is requested and approved, patrons will be granted the amount for any remaining classes less any fees for that program, and a \$3 processing fee will be deducted. No refund will be granted once a program has concluded. Absolutely no refunds or transfers will be honored for no shows or missed classes. No cash refunds are permitted, even if you registered on the same day. All refunds are paid by checks issued monthly by the Park & Recreation Board.

Non-sufficient Checks

A \$15 fee will be assessed to those presenting N.S.F. checks for programs. This fee must be paid at the Town Hall BEFORE one can participate in the program the N.S.F. check was issued. If more than one N.S.F. check is written in any one year, no further checks will be accepted. Cash payment will be required for all future transactions.

Lost & Found

When using HPRD facilities, leave valuables at home. Do not leave personal belongings unattended. HPRD is not responsible for lost or stolen items. Items will be discarded if unclaimed after 30 days. Lockers available at no charge (bring a lock).

Equal Opportunity Notice

HPRD programs and facilities are available to all citizens regardless of race, color, national origin, religion, age, sex (gender), sexual orientation, physical or mental disability, and reprisal. Reasonable accommodations may be requested to provide participation in desired programs and activities. If you have a disability condition and would like more information and support for accessibility of programs and facilities, contact the Superintendent for Parks and Recreation at 219-838-0114. Regulations of the U.S. Department of Interior strictly prohibit unlawful discrimination in departmental Federally Assisted Programs. Any person who believes he or she has been discriminated against in any program, activity, or facility operated by a recipient of Federal Assistance should write to: Director, Equal Opportunity Program, National Park Service, P.O. Box 37127, Washington, D.C. 20013.



Sponsorship

Advertise your business while helping to support a higher quality of life for the Highland community!

LCC Fieldhouse Banner

5' x 5' hung for 3 years: \$900. Pay in full or with 3 annual installments. The fieldhouse sees annual foot traffic of over 200,000 from daily walkers and open gym users to vendor show and tournament attendees.

LCC Digital Display Ad.

50" display in lobby and fitness center. Part of looping series of program ads: \$500 per year or \$150 per quarter.

Sharp Athletic Complex Outfield Fence Sign

- 4' x 6' hung for 3 years: \$600. The SAC sees annual foot traffic of over 100,000 with nightly adult leagues and regional and national girls fast pitch tournaments.

Middle School Basketball (deadline 3/12)

Your logo or company information on the teams' uniforms (typically 300+ players plus coaches): \$250

Summer Brochure Ad (by 3/15)

Business card size: \$105

Quarter page: \$263

Summer Theater Program Ad - (deadline is 6/22)

Half page: \$100

Full page: \$150

Inside back or front cover - limit one ea.: \$200

Back cover - limit one: \$250

For more info on opportunities and to see full sponsor form, visit highlandparks.org or email dbyers@highland.in.gov.

Community Events

New Year's Fireworks

Come out and ring in the new year with a fireworks display at Main Square Park! Bring the family and friends to enjoy the midnight show. Hot chocolate available for purchase.

12th Night Tree Burning

The holiday Festival of Lights will officially close on January 6th at 6pm. Based on tradition, people are encouraged to bring their Christmas trees to Main Square for a bonfire. Hot chocolate will be available for purchase.



Daddy Daughter Dance

Attention dads: come out and enjoy a special night with your little lady. Dance includes light refreshments, DJ, and professional photos (1 free 5x7 per couple). Extra photos available for purchase. Ages 3-13

Date/Time: Saturday, March 9, 5-7pm
Location: Lincoln Community Center Fieldhouse
Fee 1/2-3/1: \$35 R/\$40 NR per couple
\$17.50 R/\$20 NR per additional daughter
Fee 3/2-3/8: \$40 R/\$45 NR per couple
\$20 R/\$22.50 NR per additional daughter
Code: 550008. Tickets must be purchased at Lincoln Center. No tickets sold the day of dance!
Max.: 400



Park Pride Day

Join us for the 23rd annual community park clean-up day! Everyone is welcome, especially community groups and families. Spend the morning helping and receive a t-shirt and a free lunch at noon. You will be assigned a park for clean-up. Bring gloves, rakes, and energy!

Date/Time: Saturday, April 20, 9-11:30am
Register yourself or your group at Lincoln Center

Community Garage Sales

Do you have items you would like to resell, but don't want to invite people into your home to show your products? Rent a booth space at one of our garage sales!

Day/Time: Saturdays, 9am - 3pm
Dates: March 16, May 18, August 17, Oct. 19, Nov. 16
Location: Lincoln Community Center
Vendor fees per show (includes 7% sales tax):
10' x 10' interior space: \$38
23' x 6' wall space: \$60

Registration begins January 20. Booth space selection is first come, first served. Tables, chairs, & extension cords, and moving carts not provided. Code: 430002



Spring Craft Show & Vendor Fair

Come on out for some great shopping opportunities! You will find a variety of items that may include: candles, jewelry, clothing, handbags, handmade items, skin care, gourmet dips, and much more. Stop by our Chalk the Walk event! - see information below.

Date/Time: Saturday, April 20, 9am-3pm
Location: Lincoln Community Center
Vendor Space Fees (includes 7% sales tax):
10' x 10' interior space: \$45
23' x 6' wall space: \$70

Note: Tables, chairs, cords not provided. No resale items!



Chalk the Walk

Show off your arts and crafts side during our Spring Craft Show. Register with your family or friends to chalk a sidewalk square at Lincoln Community Center. Share your creativity for a chance to win prizes! As this is a family event, offensive content will be removed immediately.

Date: Saturday, April 20
Fee: \$5/individual or \$10 per group for a 4'x4' square.
Register by: April 18 at noon. **Code:** 550116

Limited chalk available at the event, artists encouraged to bring their own.

